



	XS		S		M		L		XL	
	0	2	4	6	8	10	12	14	16	18
<b>BODY MEASUREMENTS</b>										
bust	33	34	35	36	37	38½	40	42	44	46
waist	25	26	27	28	29	30½	32	34	36	38
hip	35	36	37	38	39	40½	42	44	46	48
<b>FABRIC REQUIRED (YARDS)</b>										
<i>shell fabric</i>										
45"	1		1		1		1		1	
60"	1		1		1		1		1	
<b>FINISHED GARMENT (INCHES)</b>										
side length	8½		9		9½		10		10½	

### T O O L S

- sewing scissors
- pins
- pattern weights
- marking pen or chalk
- buttonhole foot

### S U P P L I E S

- shell fabric
- 2 ½ yards ¼ inch ribbon
- 2 ¼ yards ¼ inch elastic

### F A B R I C

Lightweight fabrics such as silk or rayon crepe, chiffon, georgette, light silk twill, silk habotai, jacquard.

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VISIT COLETTEPATTERNS.COM FOR MORE TIPS AND TUTORIALS.

# Getting Started

## FIND YOUR SIZE

- Use the size chart to determine your size. Colette Patterns have less ease than many other patterns to provide a closer, more tailored fit. If you are between sizes, choose the larger size.

## ASSEMBLE THE PATTERN

- Print out the pieces that form your pattern. Look for the 4" by 4" test square and measure it to insure that your pattern has printed correctly.
- Cut out each of the 6" by 10" rectangles that contain your pattern.
- Tape the pieces together, matching up the numbers/letters as shown in the diagram.
- Cut out your pattern!

## LAY OUT THE PIECES

- Lay out the pattern pieces as shown in the cutting layout diagrams.
- Use pattern weights to hold the pattern in place, which will allow you to cut more accurately than pinning the pattern to the fabric.
- Start by placing any pieces that go along the fold.
- Lay out the other pieces, making sure the grainline arrow is parallel to the selvage. To do this, measure from each end of the arrow to the selvage. The distances should be exactly the same from both points.

## TRACE THE PATTERN

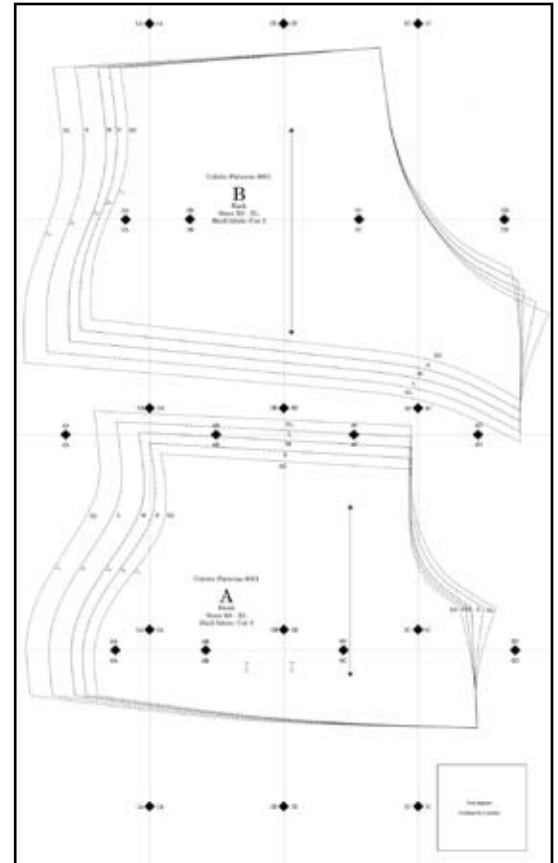
- Use your marking pen, pencil, or chalk to trace the pattern pieces onto your fabric, and transfer all of the pattern markings onto the wrong side of the fabric, including notches and circles.
- Mark the center front of pieces that are cut on the fold. This will help you to align pieces accurately.

## CUT IT OUT

- Cut along the outlines you've traced, cutting away any pen or pencil lines.
- Also cut out the notches that appear on the edges. These will help you to line up pieces.

## ABOUT SEAMS

- Seam allowances are included in the pattern, and are a standard  $5/8$ " for all seams, unless otherwise noted in the pattern.
- After sewing each seam, finish it for a neater look and longer lasting garment. See the glossary for some finishing suggestions.



# Cutting Layouts

LEGEND

⋮	■	right side of fabric
⋮	□	wrong side of fabric
⋮	▨	wrong side of pattern
⋮	▤	interfacing

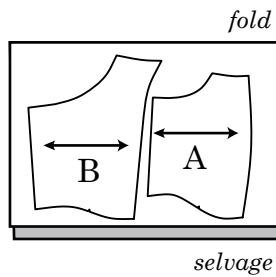
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## SHELL FABRIC, SIZES XS TO L (45")

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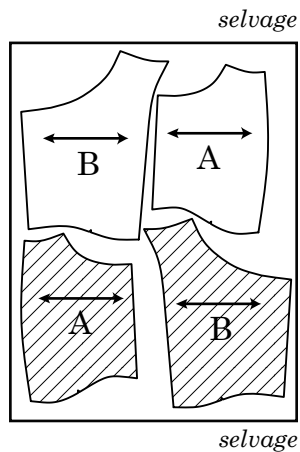
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## SHELL FABRIC, SIZE XL (45")

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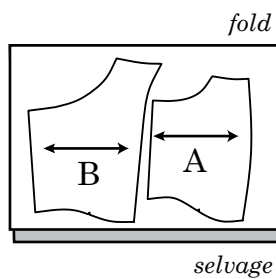
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## SHELL FABRIC, SIZE XS to XL (60")

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# Instructions

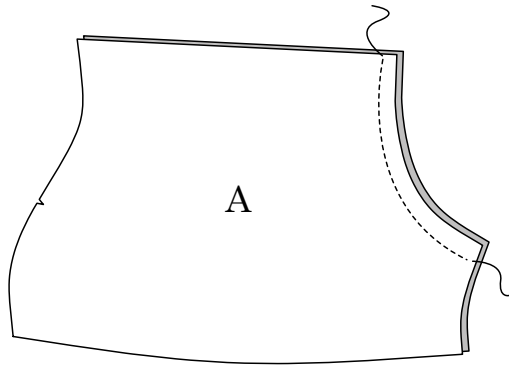
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## CENTER SEAMS

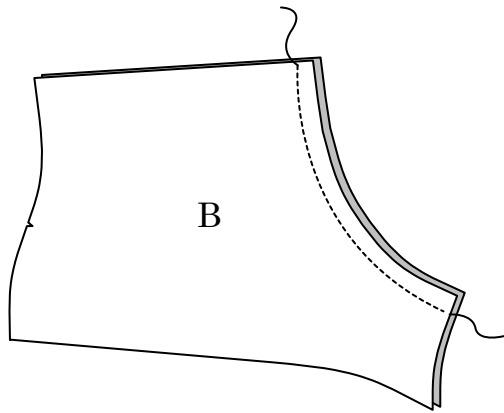
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**1** With right sides together, stitch **Front (A)** pieces together at the center front.

**2** Finish edges and press seam open.



**3** With right sides together, stitch **Back (B)** pieces together at the center front.

**4** Finish edges and press seam open.

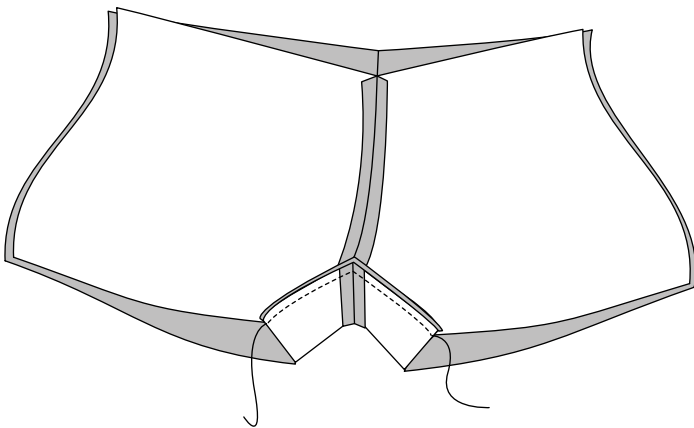
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## CROTCH SEAM

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**1** With right sides together, stitch **Front (A)** to **Back (B)** at the crotch seam.

**2** Finish seam and press toward the front.

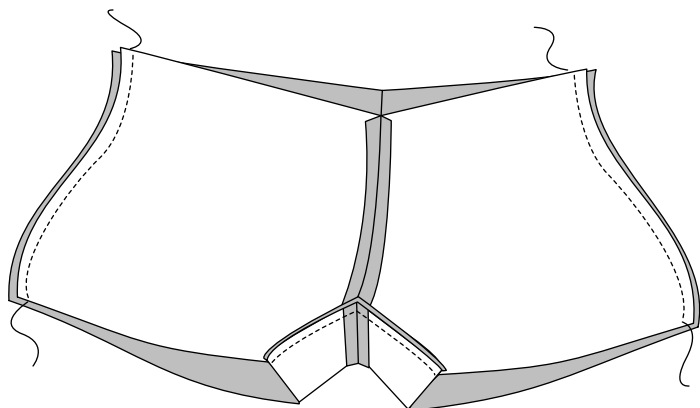
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## SIDE SEAMS

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- 1 With right sides together, stitch **Front (A)** to **Back (B)** at the side seams.
- 2 Finish edges and press side seams open.

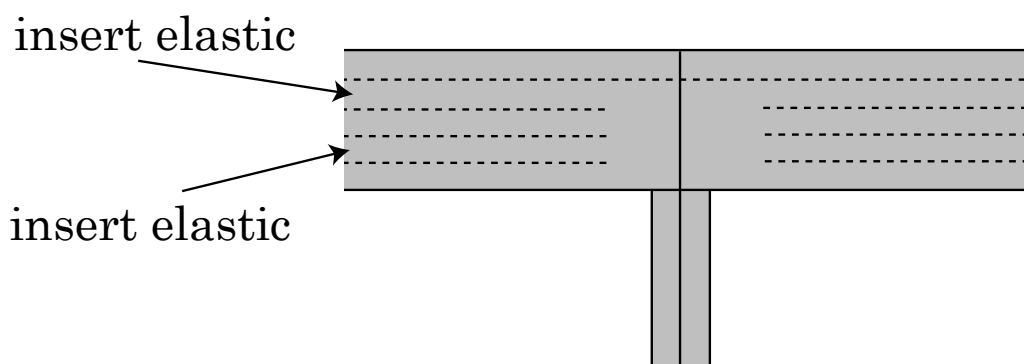
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## WAISTBAND

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- 1 Finish the raw edge of the waistband.
- 2 On the wrong side, fold 2 inches of the waistband over, press and pin into place.
- 3 The waistband is formed by four rows of stitching, which form four separate parallel casings. Elastic is inserted in the second and fourth casing, with the topmost and third casing left empty.
- 4 Begin by stitching the top row of stitching  $\frac{3}{8}$ " from the edge.
- 5 Stitch three more rows, each  $\frac{3}{8}$ " apart, leaving a space in the center back to insert elastic.
- 6 Cut two lengths of elastic to fit snugly around the low waist. Insert elastic into the second and fourth casing (see note).
- 7 Seam elastic and stitch the openings closed at the center back.

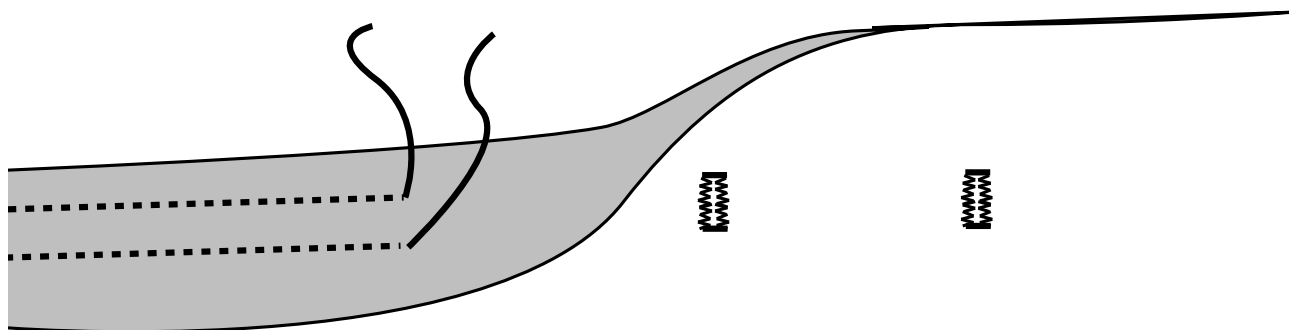
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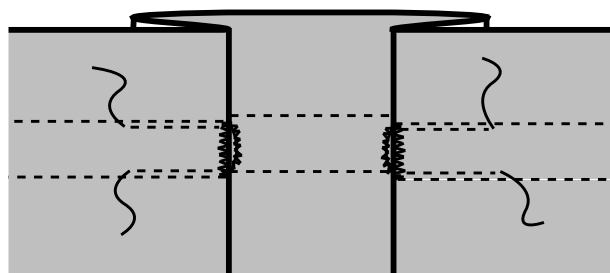
## LEG OPENINGS

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- 1 Stitch the two 3/8" buttonholes marked on the front of each leg opening.
- 2 Finish the raw edge of the leg openings.
- 3 On the wrong side, fold 1 1/2" of the leg opening hem over, press and pin into place.
- 4 Stitch two rows to form a 3/8" casing. Stitch the first row 1/2" from the folded edge, and the second row 3/8" from the first row. The rows of stitching should align with the top and bottom of the buttonholes on the outside of the bloomers.



- 5 On the right side, bring buttonholes toward one another to form 1/2" pleats. The buttonholes should lay right on the edge.
- 6 Stitch pleats into place by stitching over the stitches for the casing.
- 7 Cut two lengths of ribbon and thread through the buttonholes and through the casing.
- 8 Pull ribbon to fit and tie into bows.

### *tips on casings:*

- *Before you turn over hems that will have a casing, it will help to trim the seam allowances that lay under the casing. Large seam allowances can interfere when you're trying to thread elastic or ribbon through the casing.*
- *Here is a trick to help you thread elastic or ribbon: Take a large hand sewing needle and a sturdy piece of thread. Backstitch the thread a few times to secure it to the end of the ribbon or elastic. Insert the needle, blunt end first, into the casing, and wiggle the needle all the way through the casing.*

1A

XL

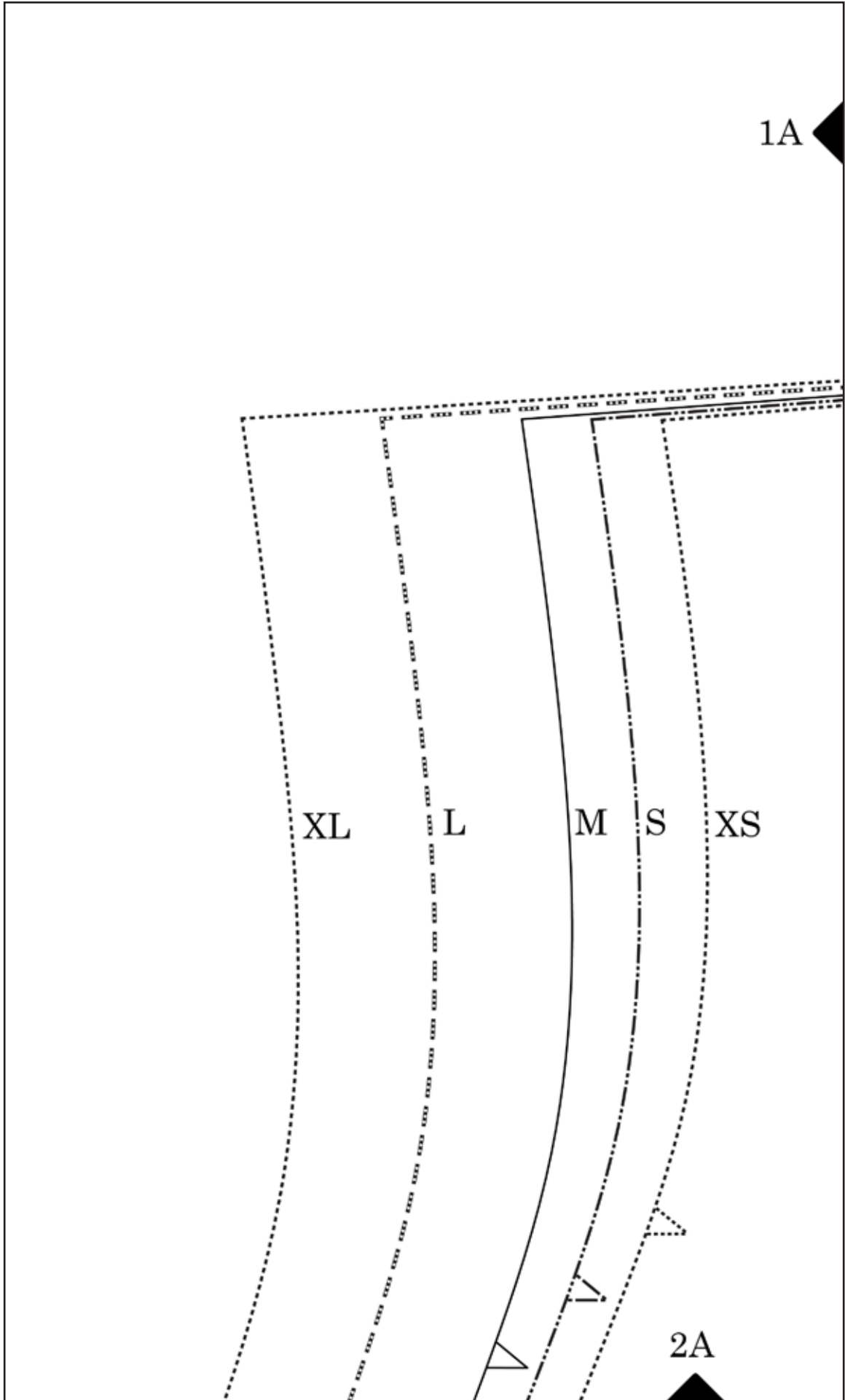
L

M

S

XS

2A



1A

1B



Colette Patterns 0001

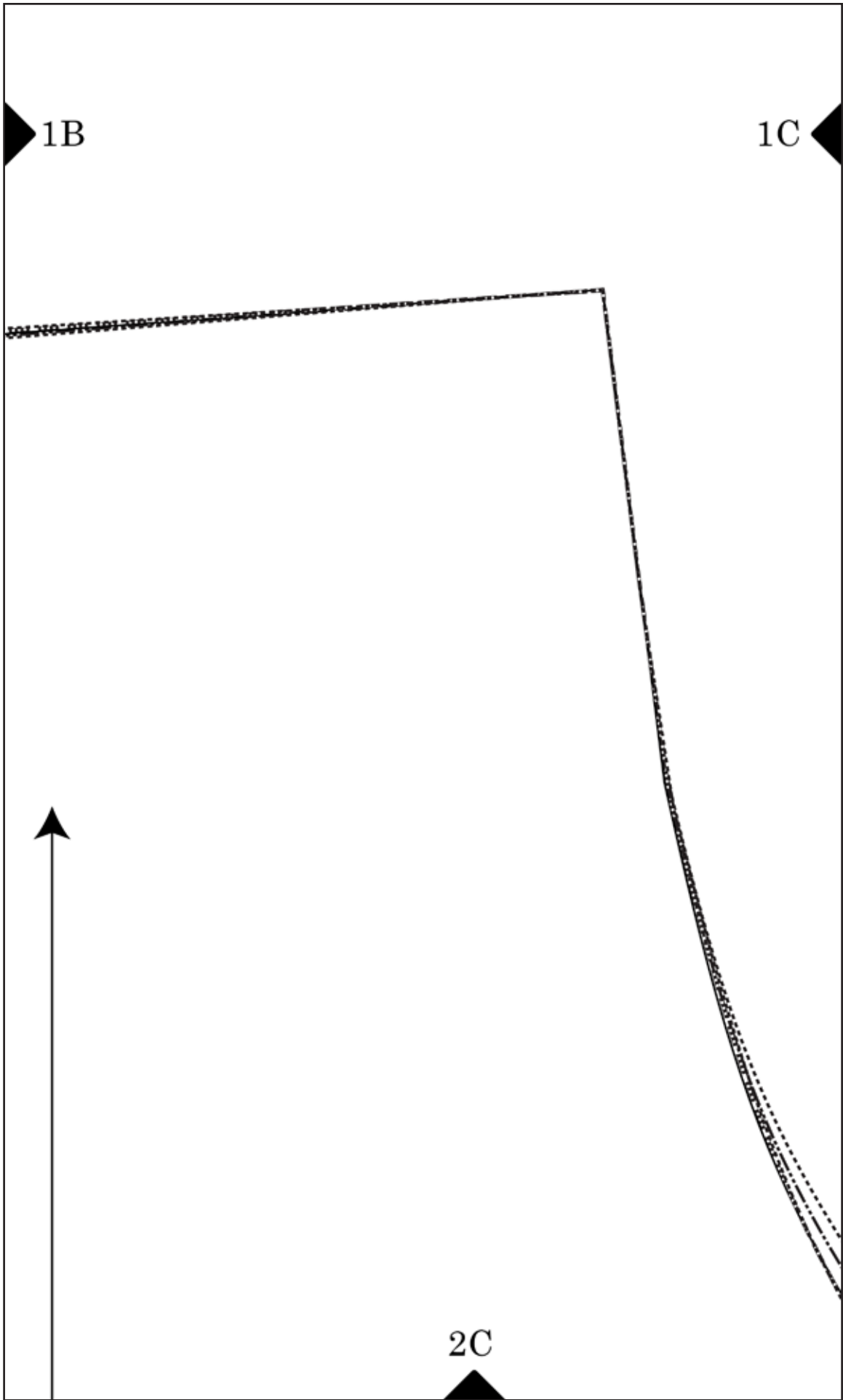
**B**

Back

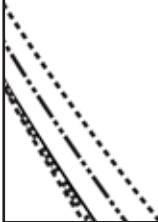
Sizes XS - XL

2B



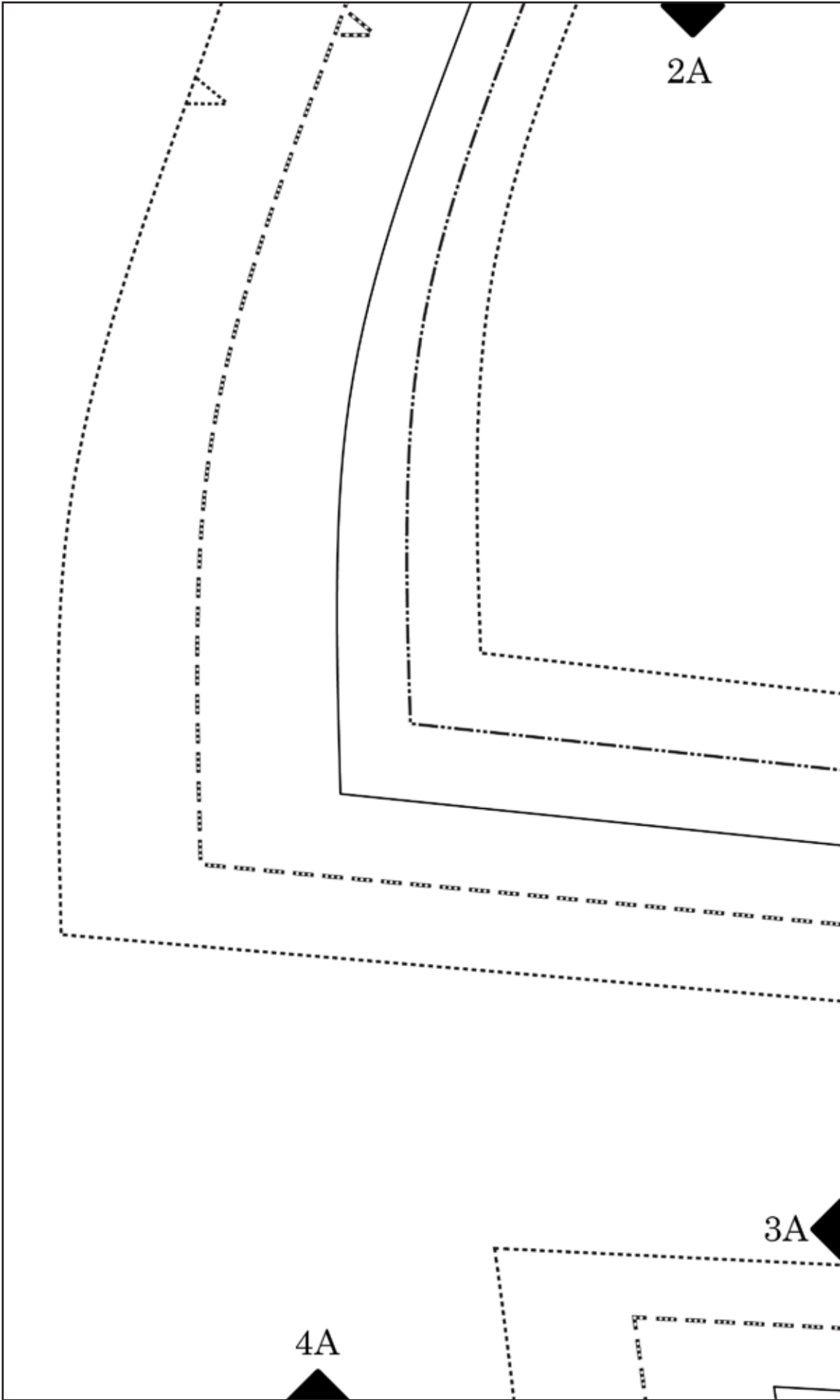


▶ 1C



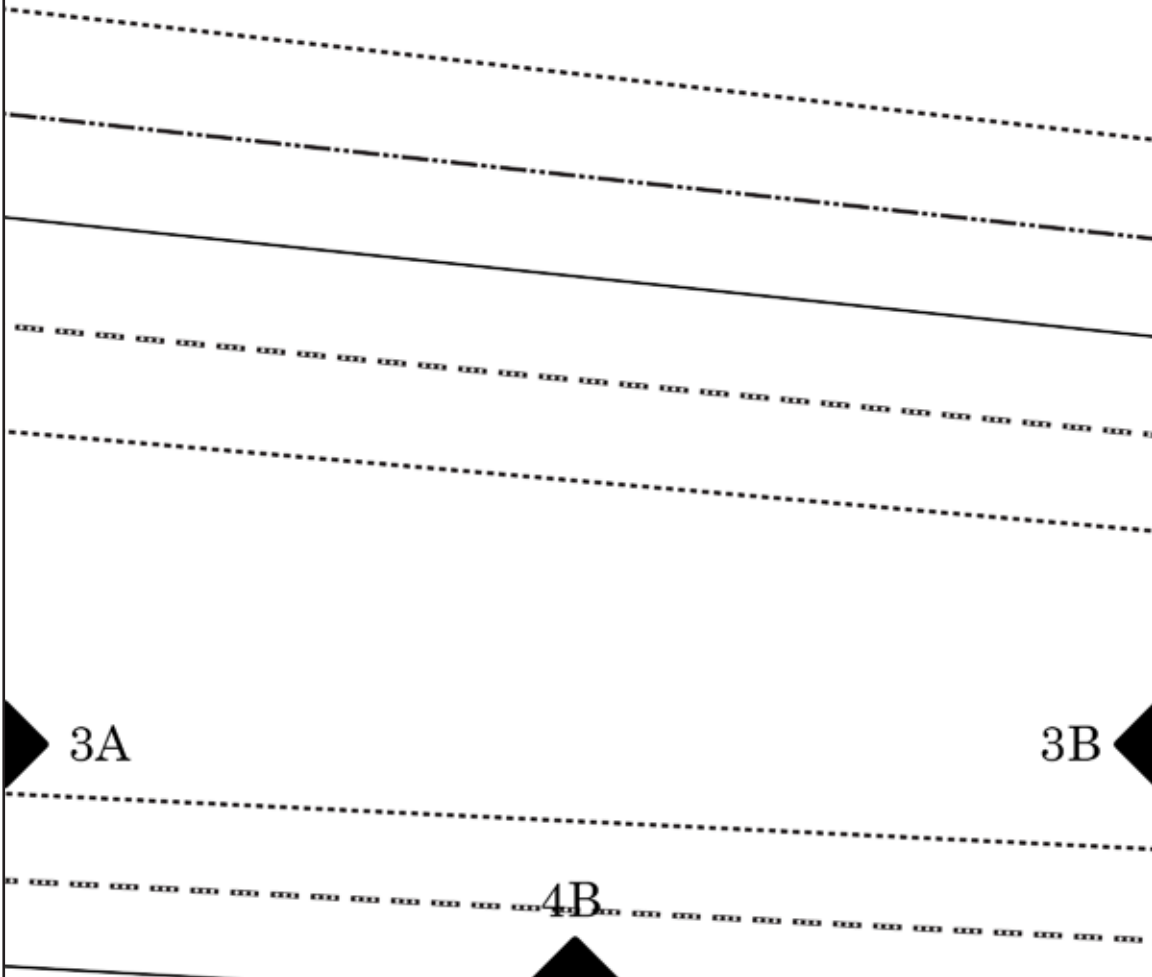
2D

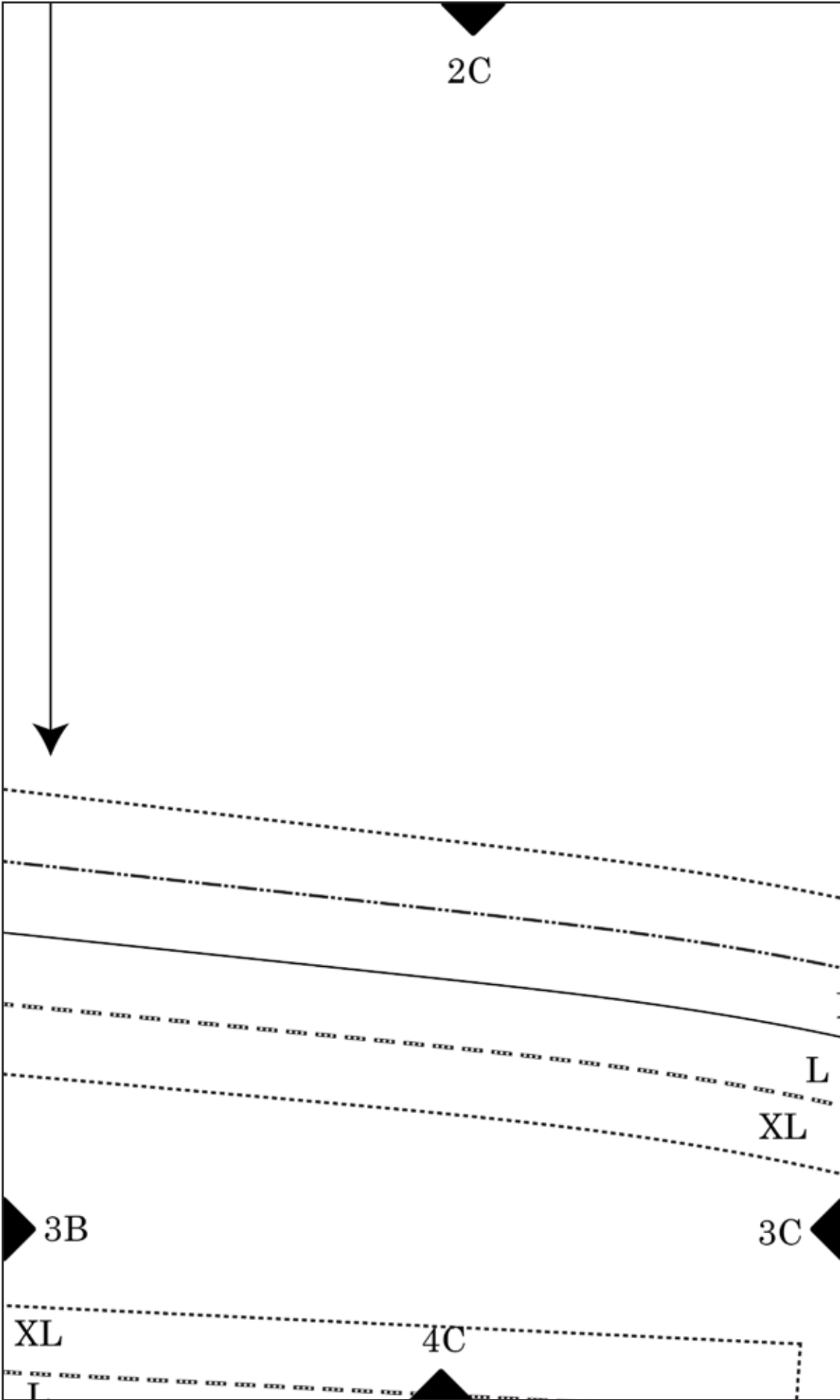


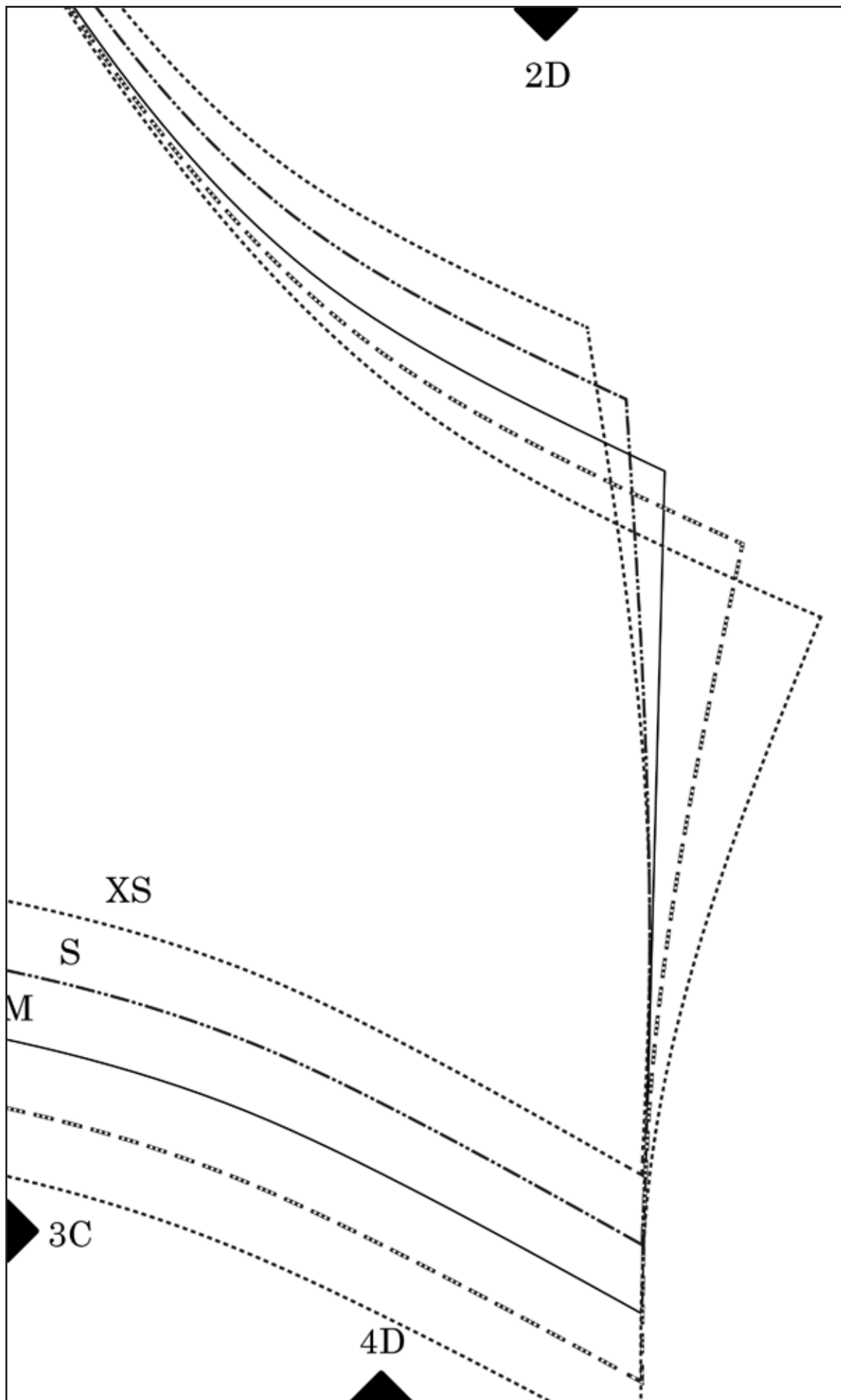


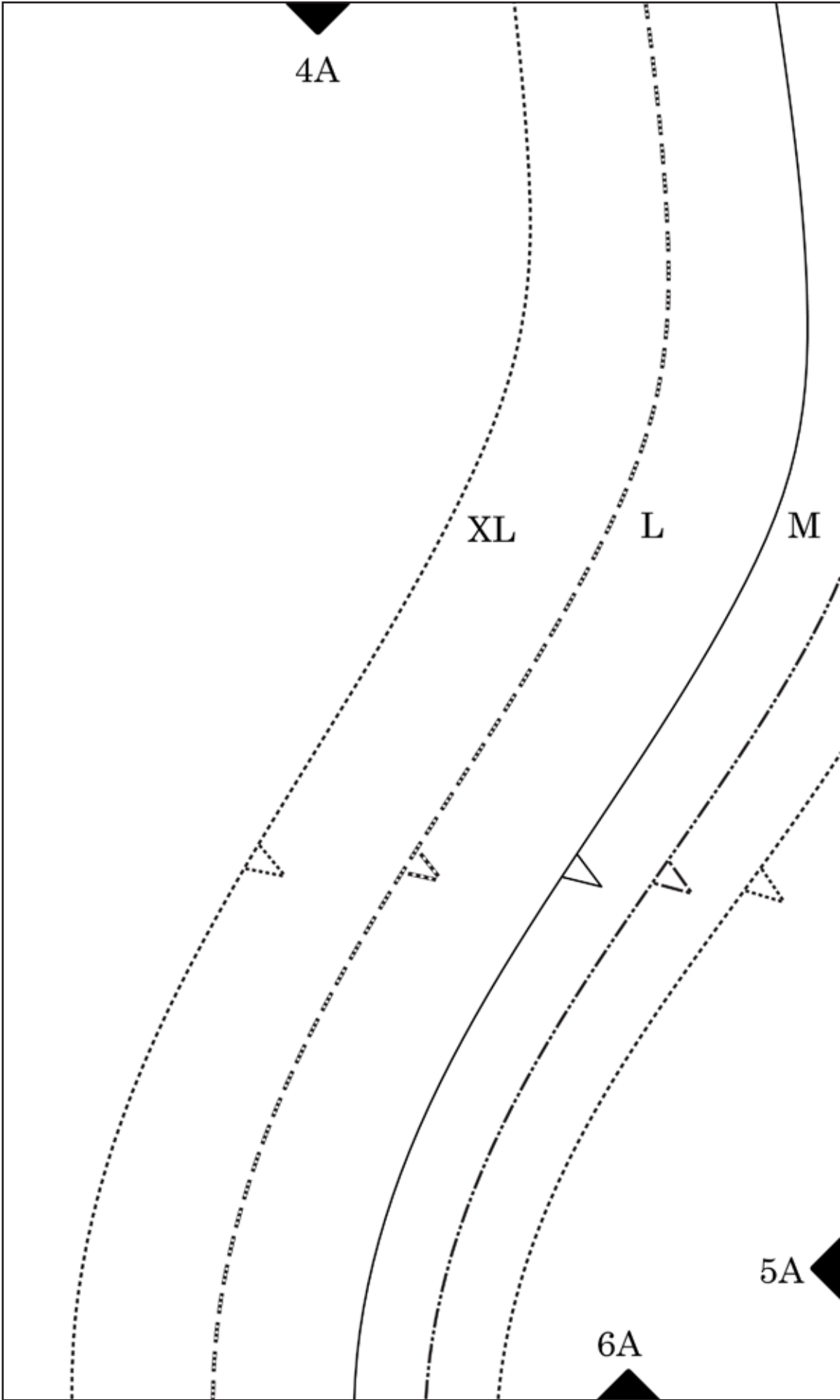
Shell fabric: Cut 2

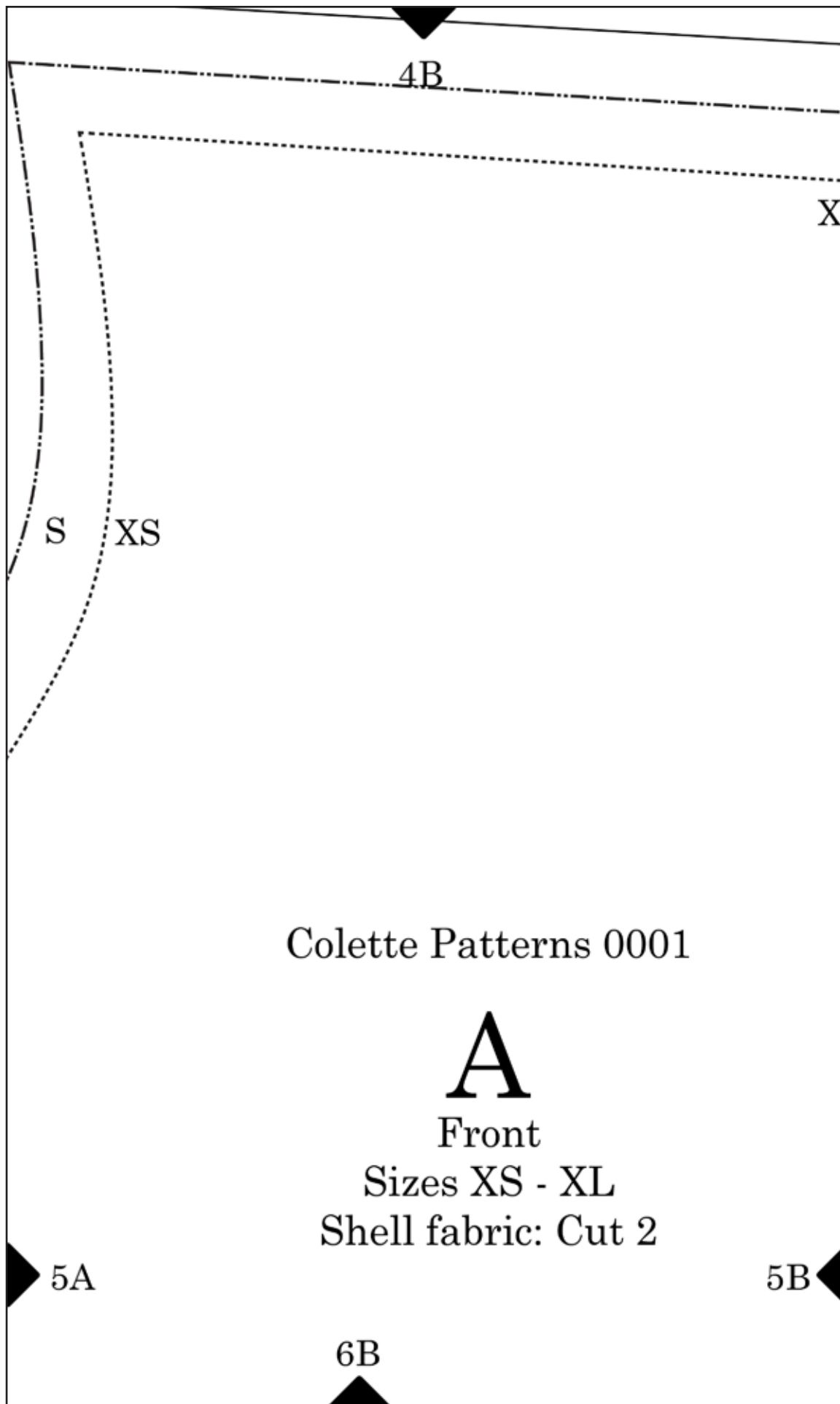
2B











4B

X

S

XS

Colette Patterns 0001

**A**

Front

Sizes XS - XL

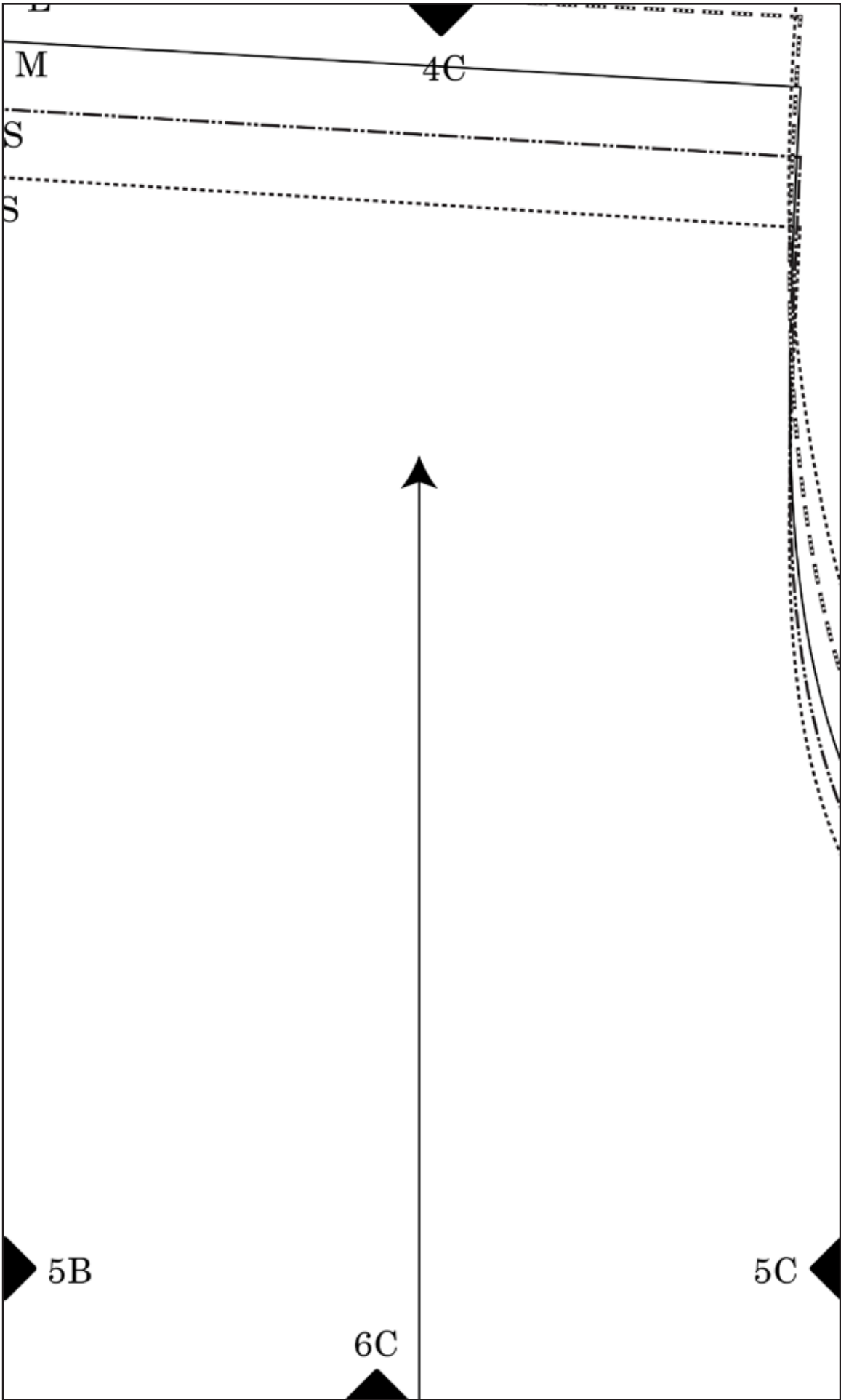
Shell fabric: Cut 2

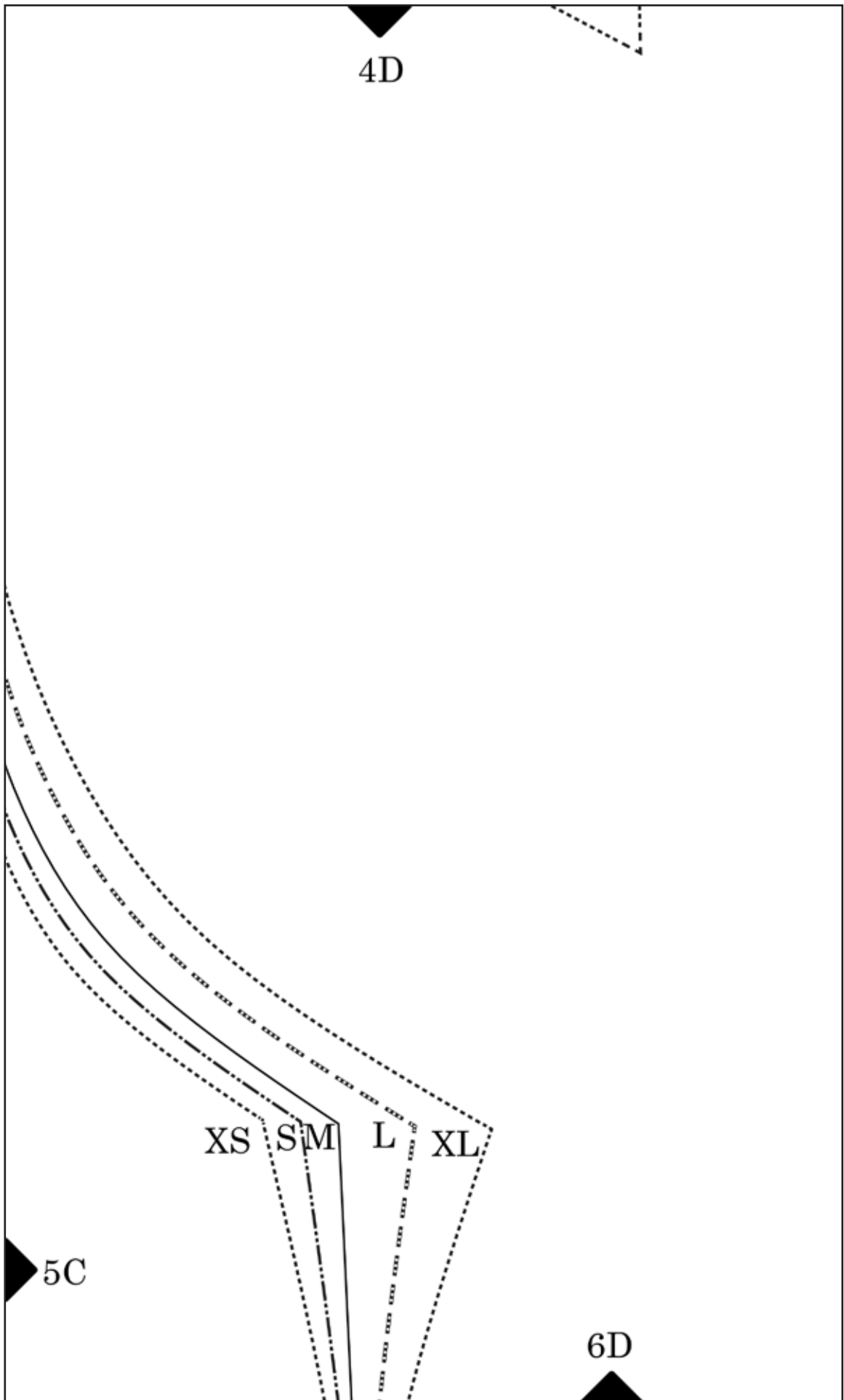
5A

5B

6B







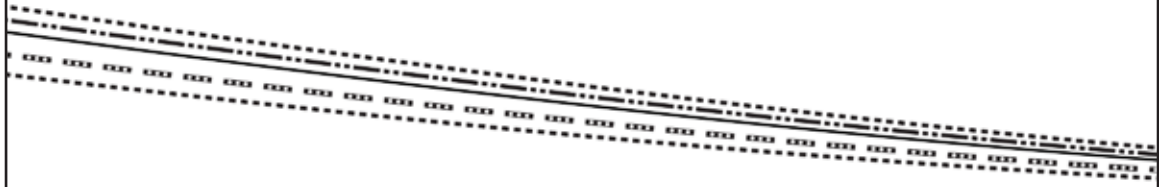


6A

7A

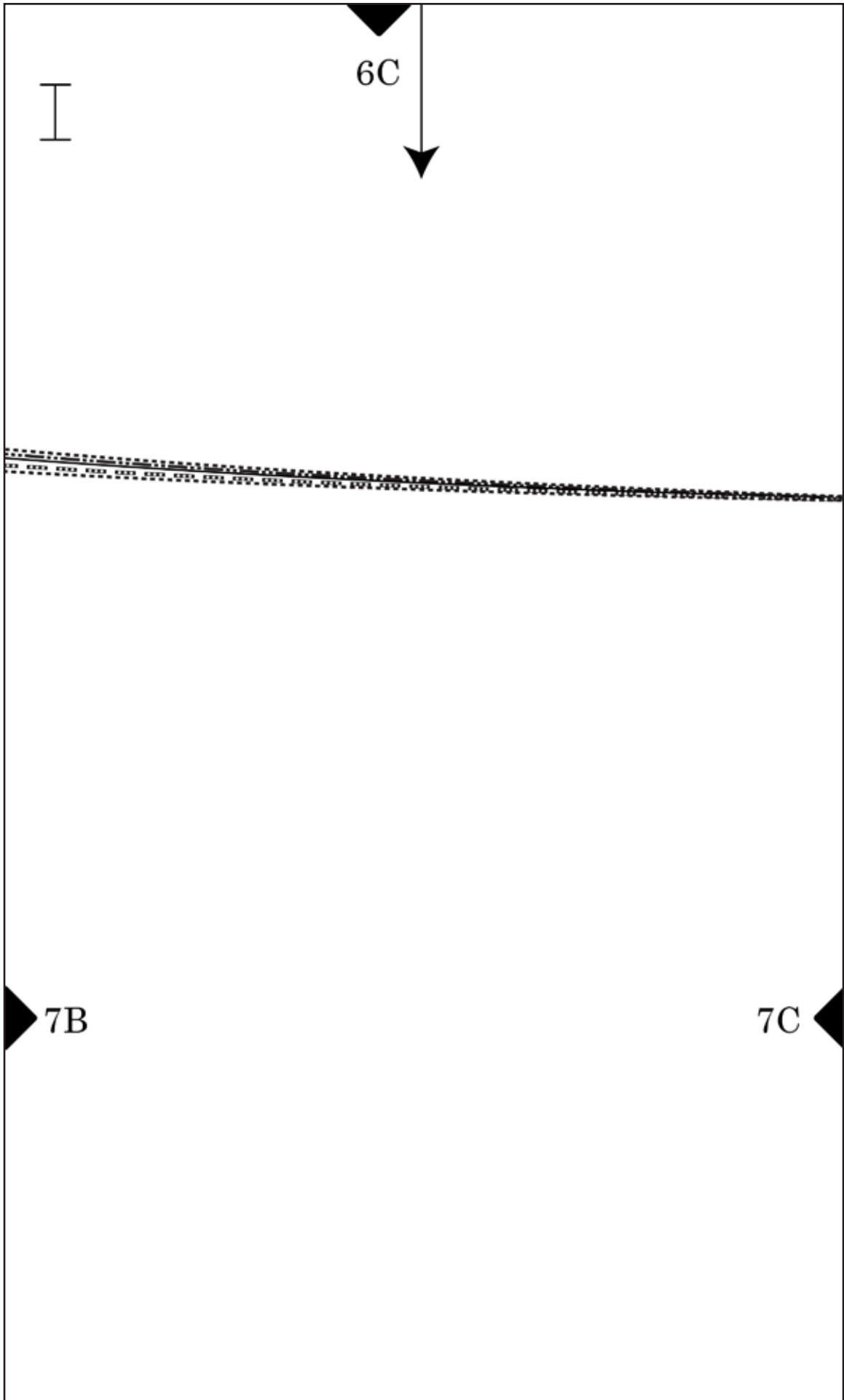
6B

I



7A

7B





6D



7C

Test Square  
4 inches by 4 inches