

Flower Garland Socks

Design: Aud Bergo



Comments:

These are top down socks using fingering weight sock yarn with cast on 74 or 78 sts. The socks have a heel flap and gusset decrease. Dependent on your gauge and choice of yarn, this should give you socks in female size 37-40 (US size 6.5 – 9).

The pattern was written based on using 2 small circular needles referred to as needle 1 (back of leg and sole of foot) and 2 (front of leg and top of foot). It can also be knit using double pointed needles or magic loop.

The pattern is made up of separate charts for the right and left socks. Also three alternative toe charts are included. Alternative 1, called size M, is for toe decrease with one color (Main Color). This alternative is the main option for size 38-39 (US size 8.5) for gauge as shown in the table on page 2. For a shorter foot use alternative 2 (size S) and alternative 3 for a longer foot (size L).

The table below can be used as guidance for yarn, gauge and your choice of number of CO sts.

Yarn examples	Gauge and needle size (Note 1)	Size, European See page 4 for US sizes
<u>Sisu Solids from Sandnes Garn</u> The yarn label specifies 27 sts = 10 cm on needle sizes 2.5 – 3.0 mm (stockinette with one color). One 50 g skeins = approx. 175 m	Needle 2.5 mm: 35 sts and 38 rows stockinette with pattern = 10 x 10 cm Needle 3.0 mm: 32 sts and 38 rows stockinette with pattern = 10 x 10 cm	CO 74 sts 37-38 38-39+
<u>Regia 4 fädig from Schachenmayr</u> The yarn label specifies 30 sts and 42 rows = 10 x 10 cm on needle size 2.0 - 3.0 mm (stockinette with one color). One 50 g skeins = approx. 210 m	Pinne 3.0 mm: 33 masker og 37 rader glattstrikk med mønster gir 10x10 cm	CO 78 sts 38 - 39
<u>Fabel from Drops Design</u> The yarn label specifies 24 sts = 10 cm on needle size 3.0 mm (stockinette with one color). One 50 g skeins = approx. 210 m	Needle 2.5 mm: 36 sts and 40 rows stockinette with pattern =10 x 10 cm Needle 3.0 mm: 33 sts and 38 rows stockinette with pattern = 10 x 10 cm	CO 78 sts 37-38 38-39 +

Note 1: Gauge is for knitting the pattern with two colors. It may not be equal to the yarn label because that usually is for knitting with one color. Knitting with two colors will give you more sts on 10 cm.

Materials

For medium size female socks the materials are given below for two different alternatives.

Regia 4-fädig Color from Schachenmayr – Rustic red and white sock

CO: 78 sts, Foot Length: 24 cm

MC: Rustic red no. 06940: approx.. 70 g (300 meters). Including cuff, heel and toe.

PC: White approx. 40 g (170 meters)

Fabel from Drops Design:

CO: 78 sts, Foot Length: 24 cm

MC: Black approx. 50 g (210 meters)

PC: Multicolor yellow and pink no. 903 approx. 40 g (170 meters)

Contrast color for cuff, heel and toe: Grey approx. 25 g (105 meters)



Cuff

CO 72 (78) sts with color 1 on needle size 2.5 mm. Distribute sts evenly on needle 1 and 2. Knit ribbed: *k1, p1*. Repeat *-* until the cuff measures approx 4 cm. Finish with one round k with the same color.

Leg

Change to needle 3.0 mm, MC and PC and stockinette sts as the charts illustrates.

Right sock: start with needle 1 (back) and chart 1a (4a)

Left sock: start with needle 2 (front) and chart 1b (4b)

Heel flap

Change to needle size 2.5 mm. The heel flap is knitted back and forth on needle 1. Start knitting on the WS. The following st adjustment must be done for the heel flap:

- 74 sts: Decrease 1 st from 37 to 36
- 78 sts: Increase 1 st from 39 to 40

Row 1 (WS): slip 1, p remaining sts

Row 2 (RS): *slip 1, k1*. Repeat *-*

Repeat these 2 rows until the flap measures approx 6,5 - 7,0 cm.

Turning the heel

Row 1 (WS) slip 1, p20, p2tog, p1, turn. Leaving 12 (14) sts unworked

Row 2 (RS) slip 1, k7, ssk, k1, turn. Leaving 12 (14) sts unworked

Row 3 (WS) slip 1, p8, p2tog, p1, turn. Leaving 10 (12) sts unworked

Row 4 (RS) slip 1, k9, ssk, k1, turn. Leaving 10 (12) sts unworked

Row 5 (WS) slip 1, p10, p2tog, p1, turn. Leaving 8 (10) sts unworked

Row 6 (RS) slip 1, k11, ssk, k1, turn. Leaving 8 (10) sts unworked

Row 7 (WS) slip 1, p12, p2tog, p1, turn. Leaving 6 (8) sts unworked

Row 8 (RS) slip 1, k13, ssk, k1, turn. Leaving 6 sts (8) unworked

Row 9 (WS) slip 1, p14, p2tog, p1, turn. Leaving 4 (6) sts unworked

Row 10(RS) slip 1, k15, ssk, k1, turn. Leaving 4 (6) sts unworked

Row 11(WS) slip 1, p16, p2tog, p1, turn. Leaving 2 (4) sts unworked

Row 12(RS) slip 1, k17, ssk, k1, turn. Leaving 2 (4) sts unworked

Row 13(WS) slip 1, p18, p2tog, p1, turn. Leaving 0 (2) sts unworked

Row 14(RS) slip 1, k19, ssk, k1, turn. Leaving 0 (2) sts unworked

Heel for 74 sts is now completed and there are 22 sts on needle 1

Row 15(WS) slip 1, p20, p2tog, p1, turn. Leaving - (0) sts unworked

Row 16(RS) slip 1, k21, ssk, k1, turn. Leaving - (0) sts unworked

Heel for 78 sts is now completed and there are 24 sts on needle 1

Heel gusset

Pick up sts on each side of the heel flap, make pattern adjustment and change to needle size 3.0 mm when knitting the first round with 2 colors.

Pick up sts:

Pick up 17 sts on each side of the heel flap. Join all the picked up sts onto needle 1. Knit all the picked up sts in the back loop once with the same color as on the heel flap to avoid holes. You would have to cut the thread before starting to knit as shown in the chart again. The sts with knit in the back loop as described above is not illustrated in the charts.

(Alternative: Instead of knitting only the picked up sts in the back loop, you can knit one row over all sts on needle 1 – both the picked up sts and the remaining 22 (24) sts from the heel flap. Or maybe your method of picking up sts do not create holes in the intersection between the heel and foot?).

Pattern adjustment

74 sts – Increase 1 sts in the center of the heel flap

78 sts – Decrease 1 st in the center of the heel flap

Foot

Gusset decrease

After sts are picked up, pattern adjustment is made and the change in needle size, you are ready to start on chart 2 a/b (5 a/b) at the lower right corner.

The decreases are done on needle 1 while sts on needle 2 follows the pattern on the chart. Sts on needle 1 shall be decreased from 57 to 37 (39).

Right sock - Start the round with needle 1

Round 1: For needle 1 and 2 follow chart. No decreases

Round 2: Needle 1: ssk first 2 sts and k2tog last 2 sts. Follow chart

Needle 2: Follow chart

Repeat round 1 and 2 until you have decreased the sts on needle 1 to 37 (39).

Left sock - Start the round with needle 2

Round 1: For needle 2 and 1 follow chart. No decreases
Round 2: Needle 2: Follow chart
Needle 1: ssk first 2 sts and k2tog last 2 sts. Follow chart

Repeat round 1 and 2 until you have decreased the sts on needle 1 to 37 (39) sts.

After gusset decrease continue knitting as shown on the chart. Rounds 103 or 107 will be the last round before continuing with toe decrease. It will be your foot length that decides when to continue with the chosen chart for the toe. Reference is made to explanation on page 1.

Sock length

Measure and plan when you need to start on the separate toe chart. Typical length for the toe decrease is approx. 4 cm.

In general, the following guide can be used for foot length (measured from heel to toe) for female sizes:

Size	Length (cm)	US Size	Length (inch)
36-37	23.5 - 23.8	6/6.5	9.3 - 9.4
38-39	24.5 - 25.1	7.5/8.5	9.6 - 9.8
39-40	25.1 - 25.4	8.5/9	9.8 - 10.0
40-41	25.4 - 25.7	9/9.5	10.0 - 10.1

Shaping the toe

Change to needle size 2.5 mm and knit your chosen toe chart.

Right sock

Round 1: Needle 1: k1, ssk. k until 3 sts remains, these are k2tog, k1
Needle 2: k1, ssk. k until 3 sts remains, these are k2tog, k1
Round 2: Needle 1: k all sts without any decreases
Needle 2: k all sts without any decreases

Repeat these two rounds until you have decreased from 74 (78) to 62 (68) sts. Then you should continue decreasing on every round (as round 1) until 14 (or 18) sts remains. Cut the yarn and pull the thread through the remaining sts. Use a needle to secure the thread and sew the holes on the toe tip.

Left sock

Follow the description for the right sock but start with needle 2.

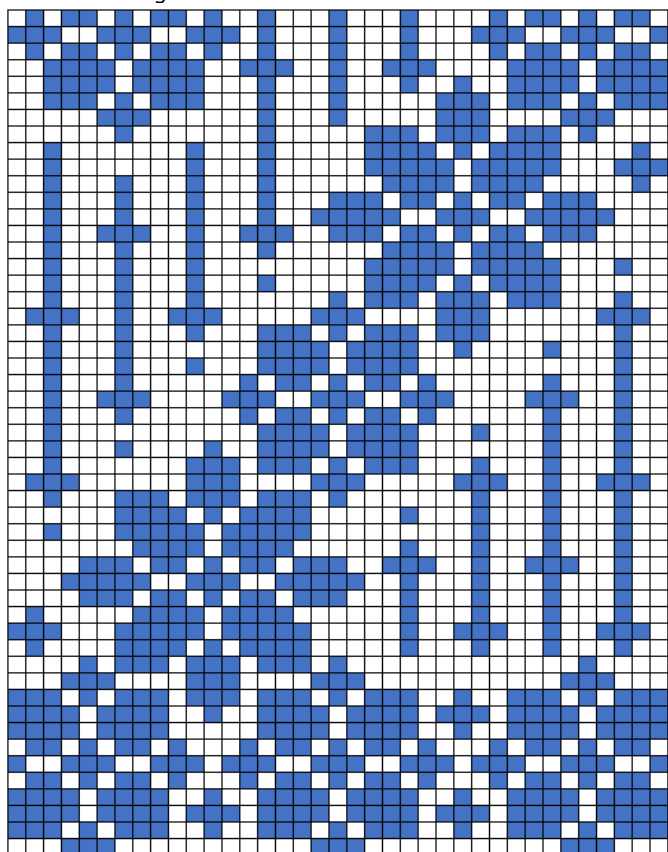


Glossary

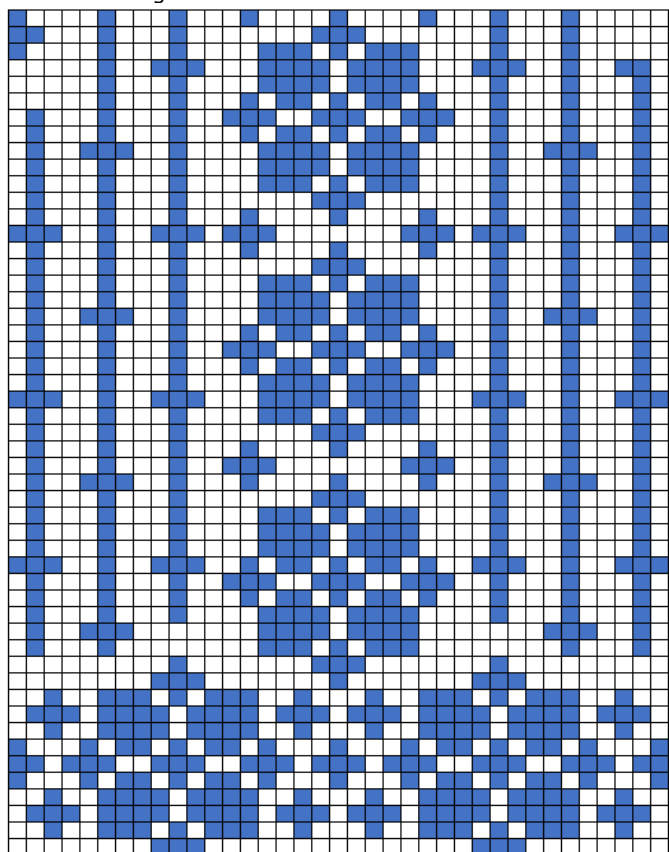
CO	cast on
MC	Main color, shown as white squares in charts
PC	Pattern color, shown as blue squares in charts
k	knit
ktog	knit sts together
p	purl
RS	right side
ssk	slip slip knit
st(s)	stitch(es)
WS	wrong side

Chart 1a – 74 sts – Right sock

Needle 2 – Leg front



Needle 1 – Leg back

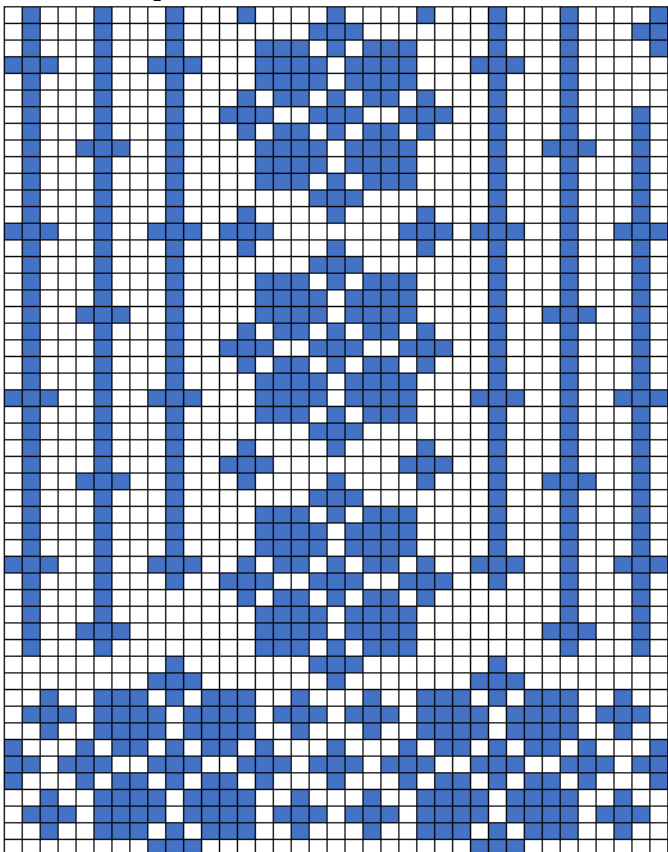


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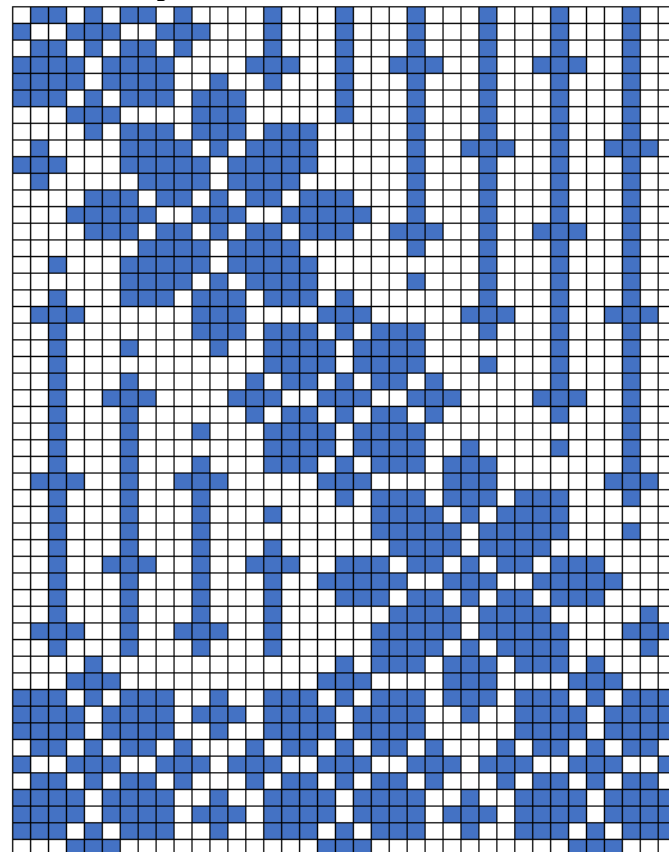
↑ start

Chart 1b – 74 sts – Left sock

Needle 1 – Leg back



Needle 2 – Leg front

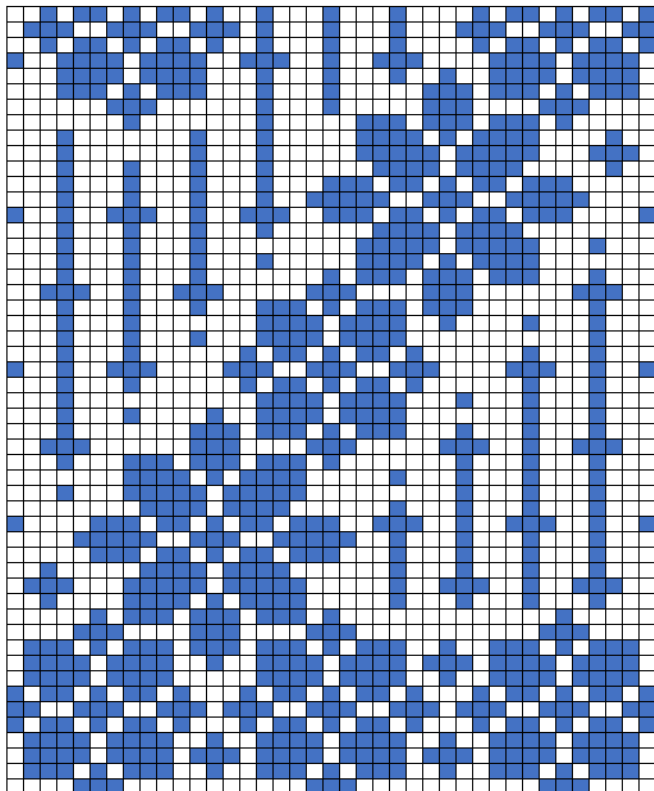


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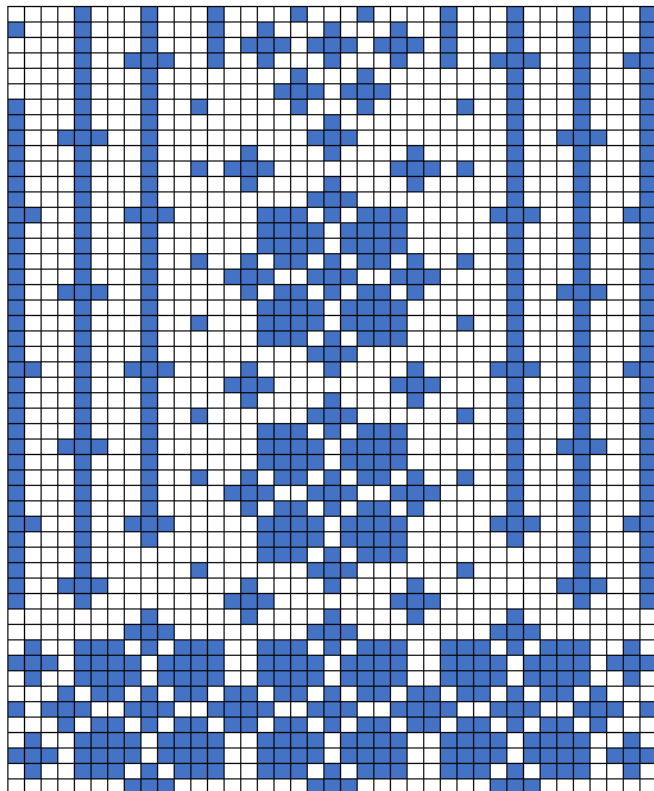
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Chart 4a – 78 sts– Right sock

Needle 2 – Leg front



Needle 1 – Leg back

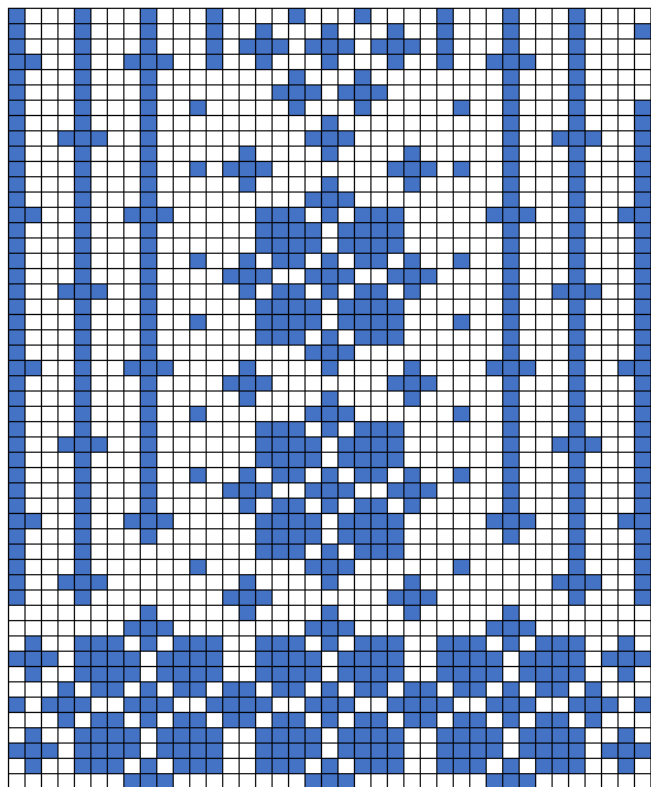


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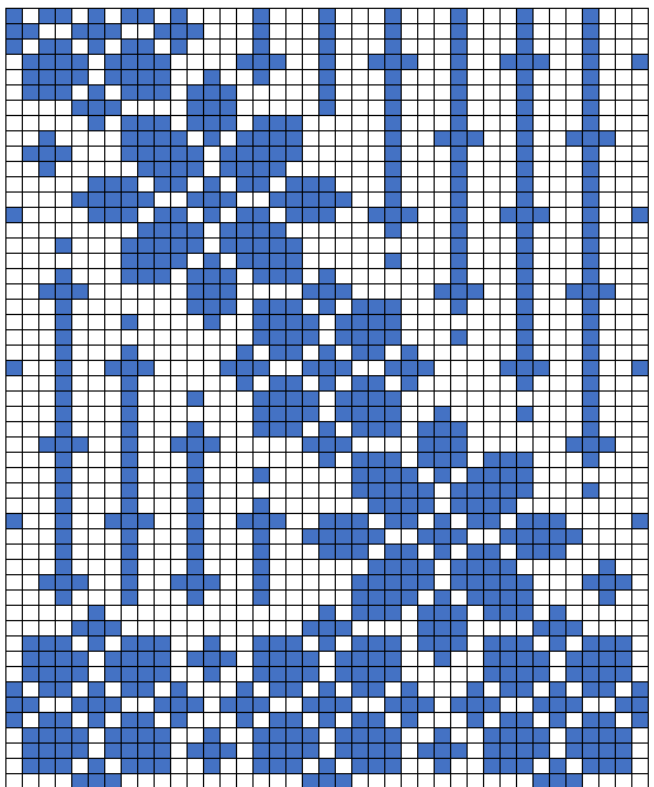
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Chart 4b – 78 sts– Left sock

Needle 1 – Leg back



Needle 2 – Leg front



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Chart 3a – 74 sts, Toe decrease, top and sole of foot – Alternative 1 – size M

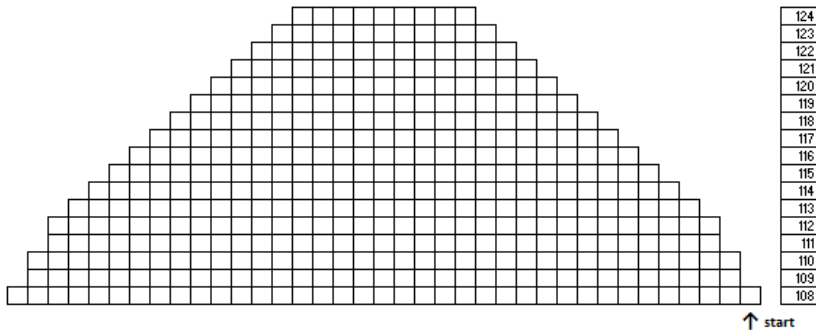
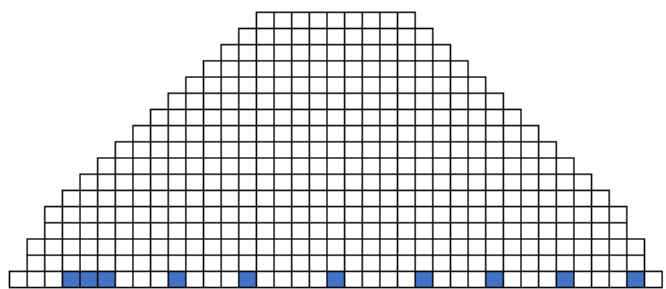
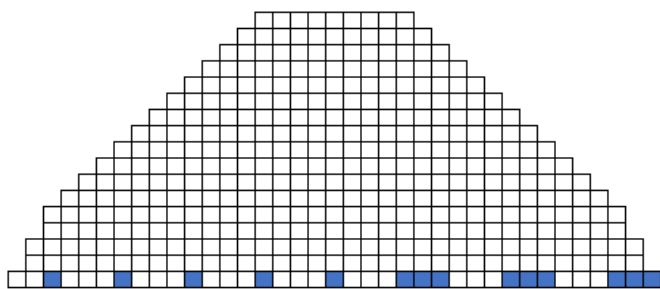


Chart 3b – 74 sts, Toe decrease – Alternative 2 – size S

RIGHT SOCK:

Needle 2- Toe, top of foot

Needle 1 – Toe, sole of foot

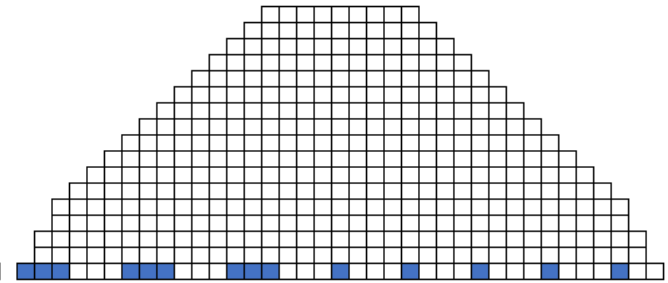
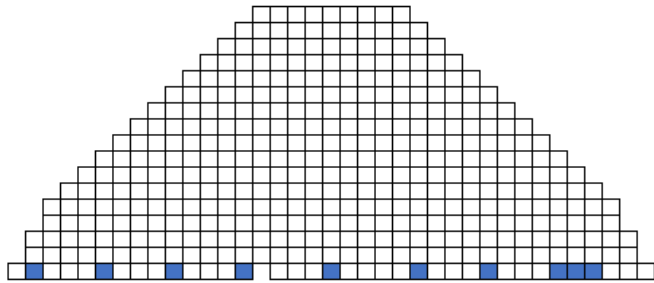


↑ start
Right sock

LEFT SOCK:

Needle 1 – Toe, sole of foot

Needle 2- Toe, top of foot



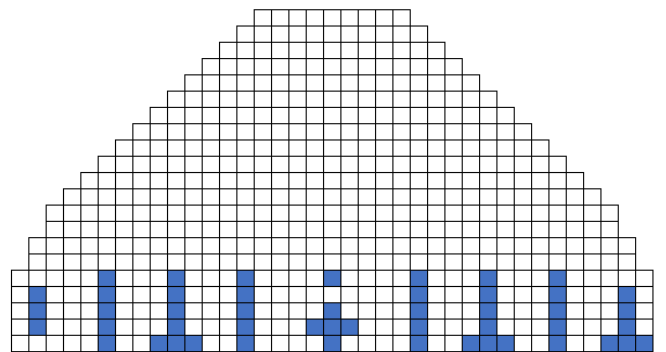
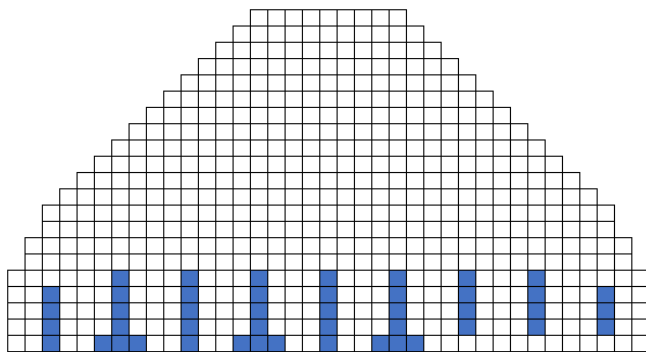
↑ start
Left sock

Chart 3c – 74 sts, Toe decrease – Alternative 3 – size L

RIGHT SOCK:

Needle 2- Toe, top of foot

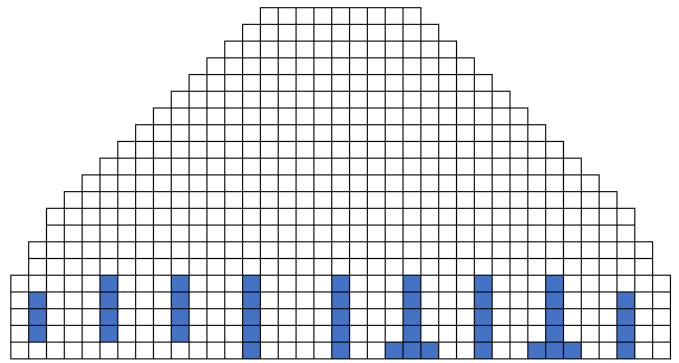
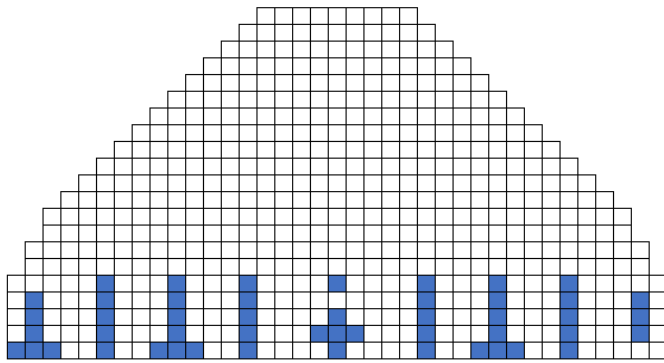
Needle 1 – Toe, sole of foot



↑ start
Right sock

LEFT SOCK:
Needle 1 – Toe, sole of foot

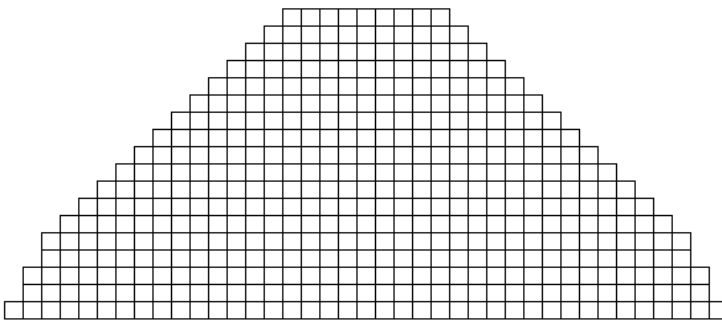
Needle 2- Toe, top of foot



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↑ start
Left sock

Chart 6a – 78 sts, Toe decrease, top and sole of foot – Alternative 1 – size M



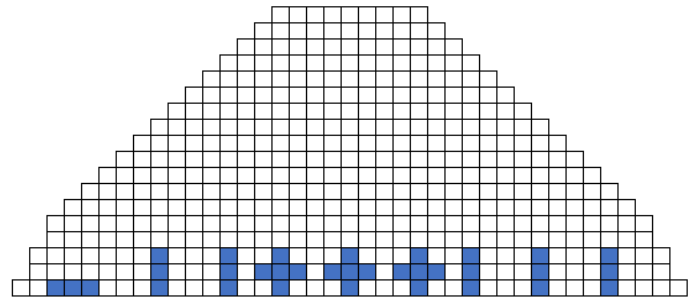
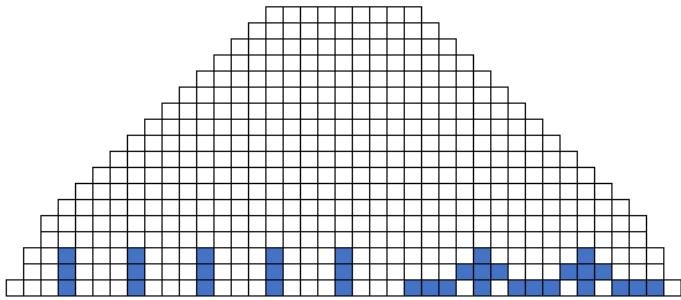
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Chart 6b – 78 sts, Toe decrease – Alternative 2 – size S

RIGHT SOCK:
Needle 2- Toe, top of foot

Needle 1 – Toe, sole of foot

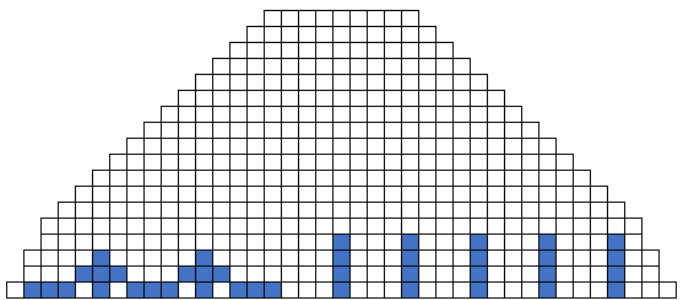
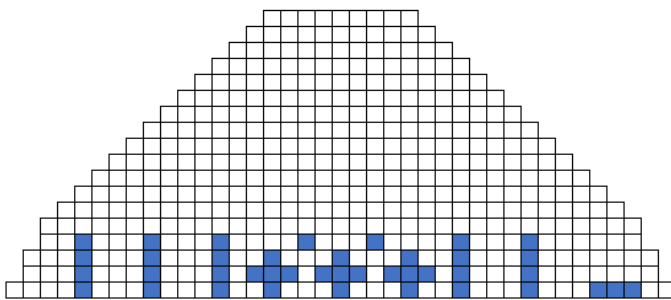


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↑ start
Right sock

LEFT SOCK:
Needle 1 – Toe, sole of foot

Needle 2- Toe, top of foot



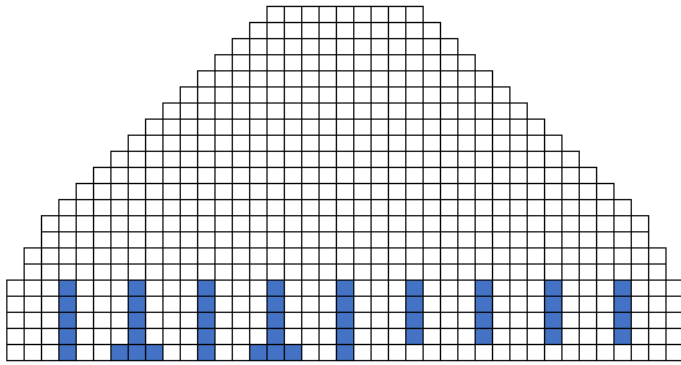
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Left sock

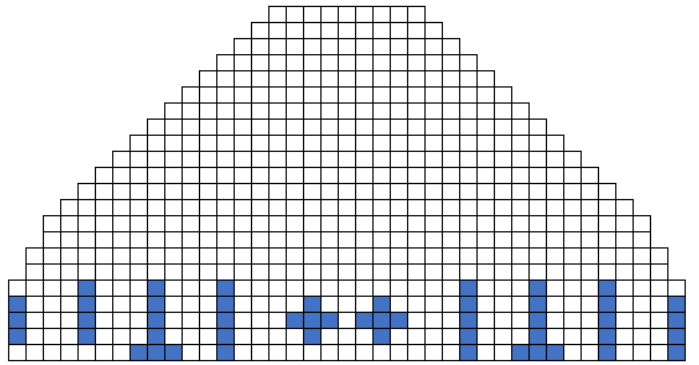
Chart 6c – 78 sts, Toe decrease – Alternative 3 – size L

RIGHT SOCK:

Needle 2- Toe, top of foot



Needle 1 – Toe, sole of foot

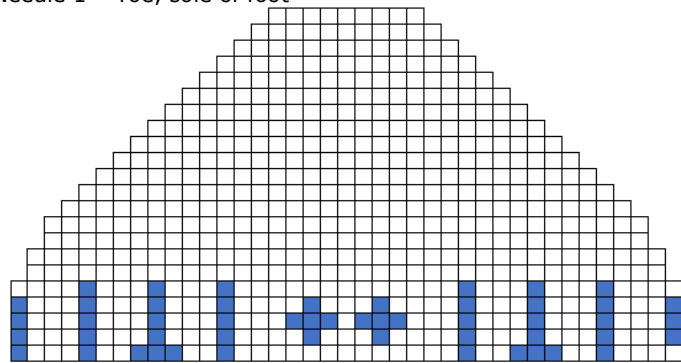


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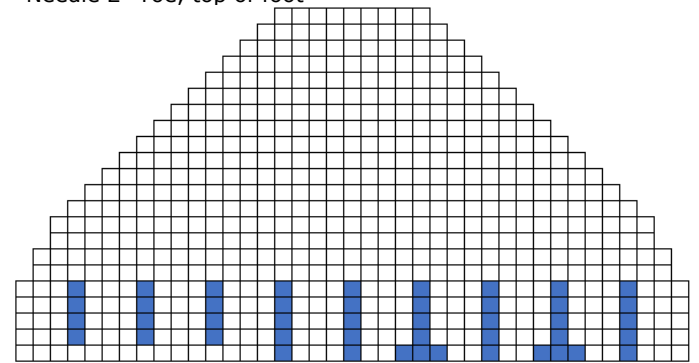
↑ start
Right sock

LEFT SOCK:

Needle 1 – Toe, sole of foot



Needle 2- Toe, top of foot

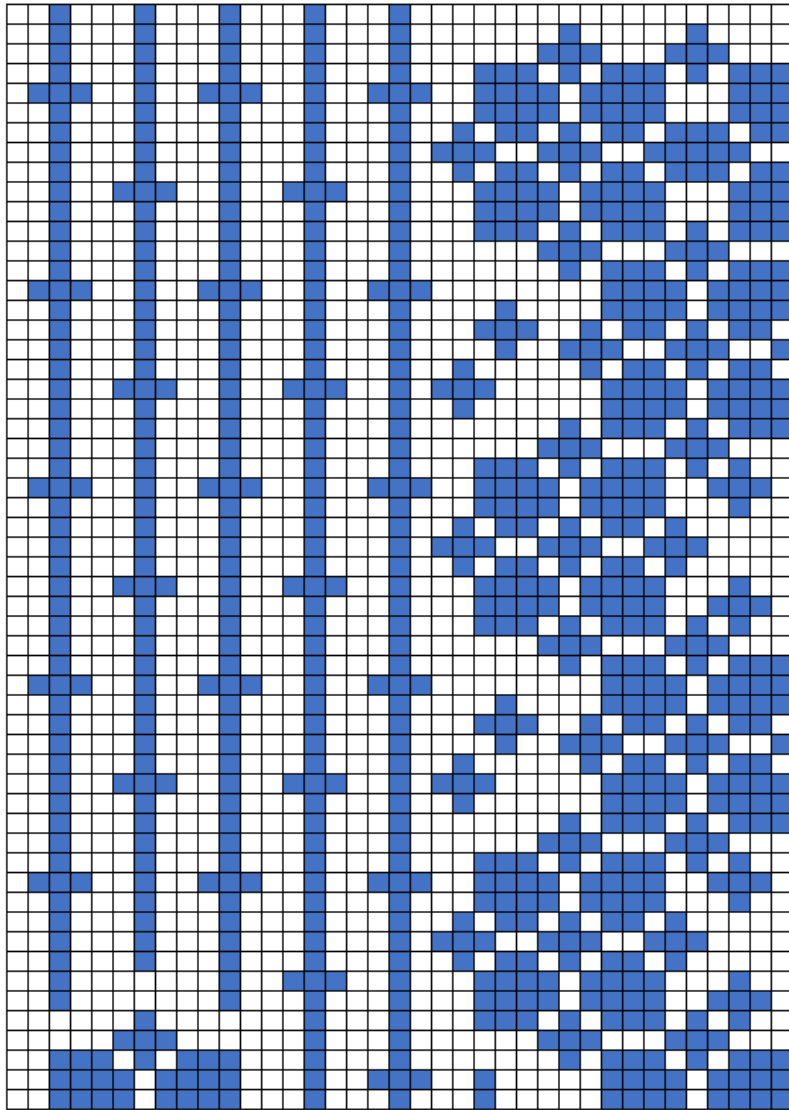


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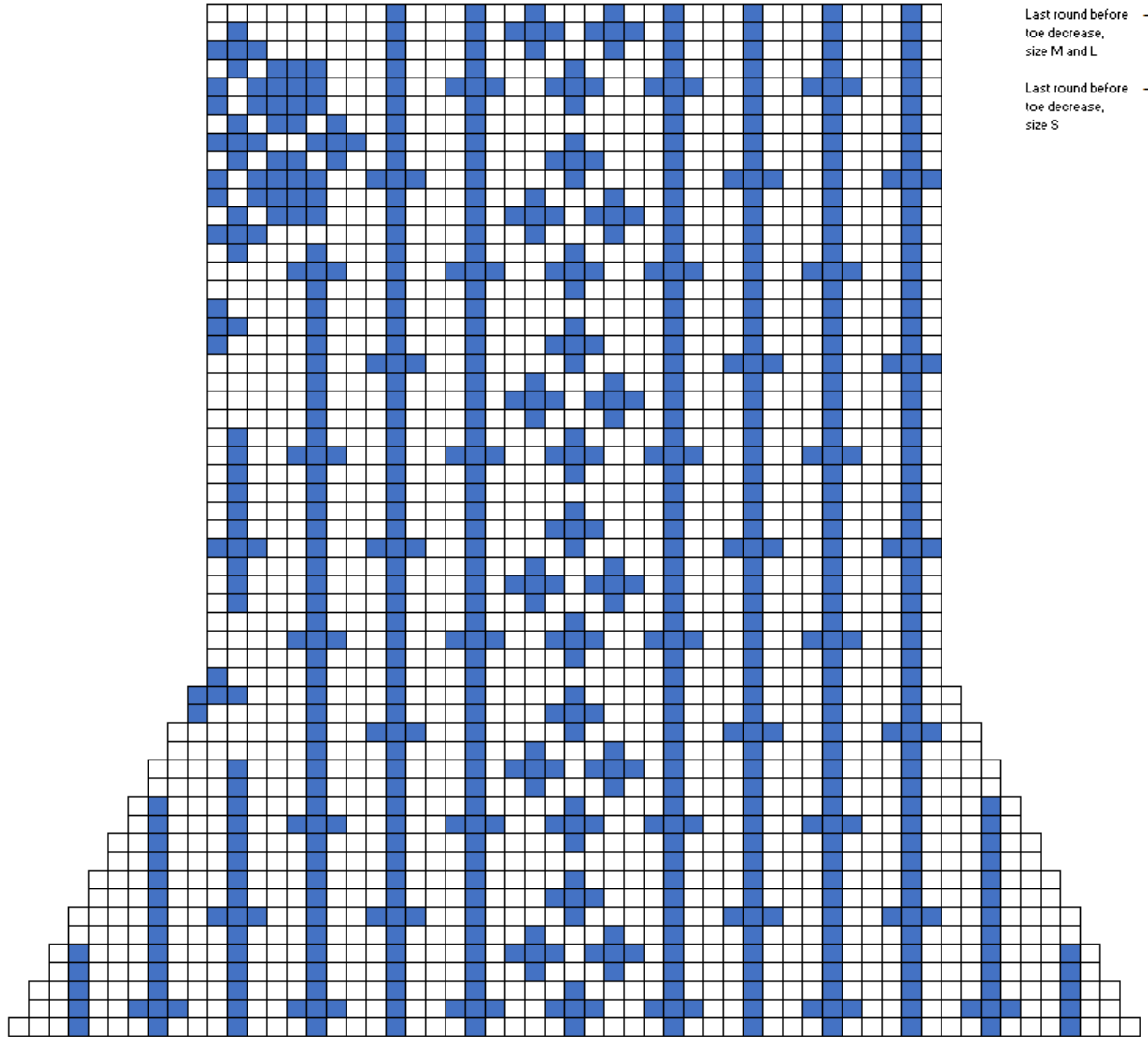
↑ start
Left sock

Chart 2a – 74 sts – Right sock

Needle 2 – Top of foot



Needle 1 – Sole of foot

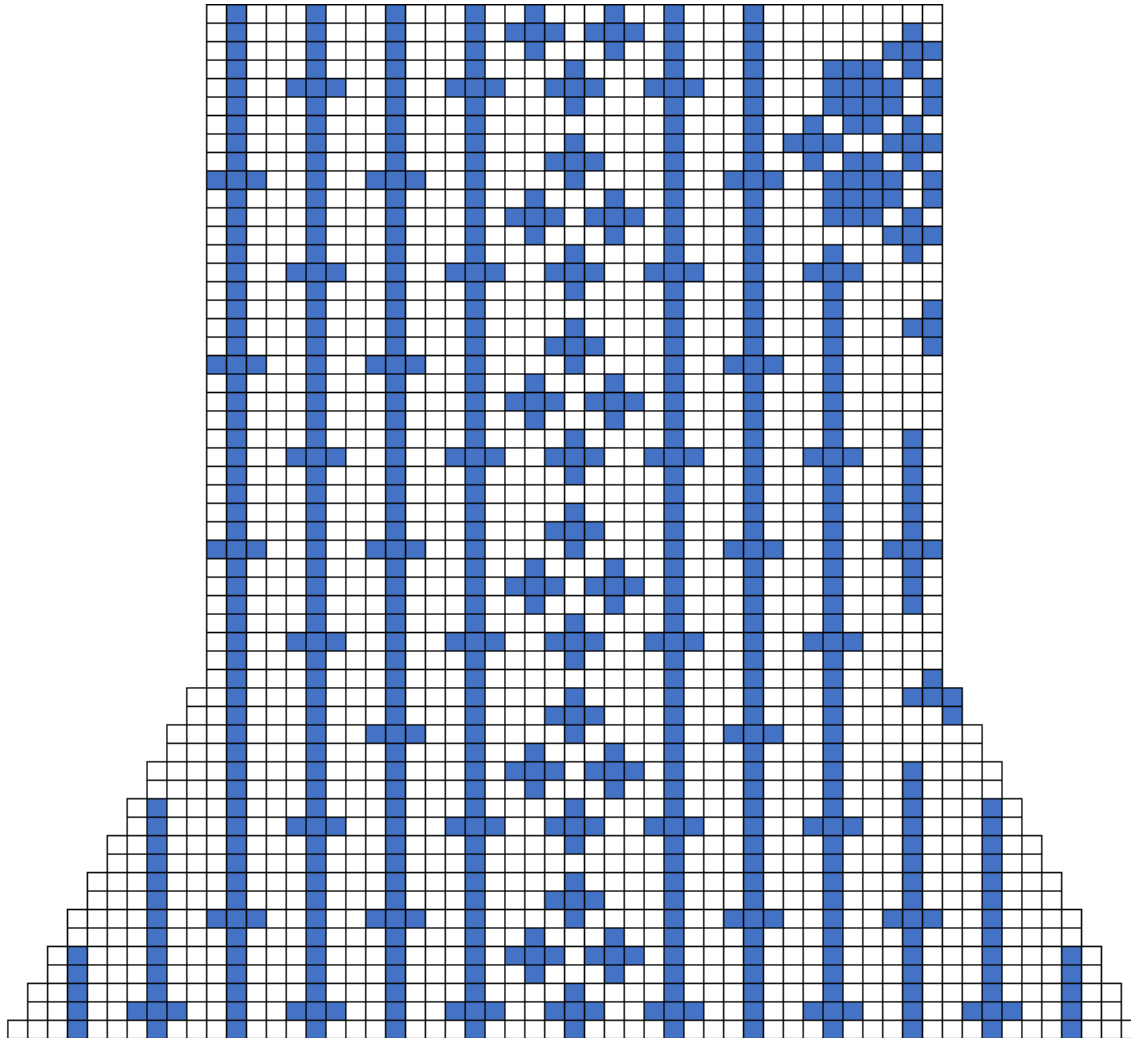


Last round before	→	107
toe decrease,		106
size M and L		105
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Last round before	→	103
toe decrease,		102
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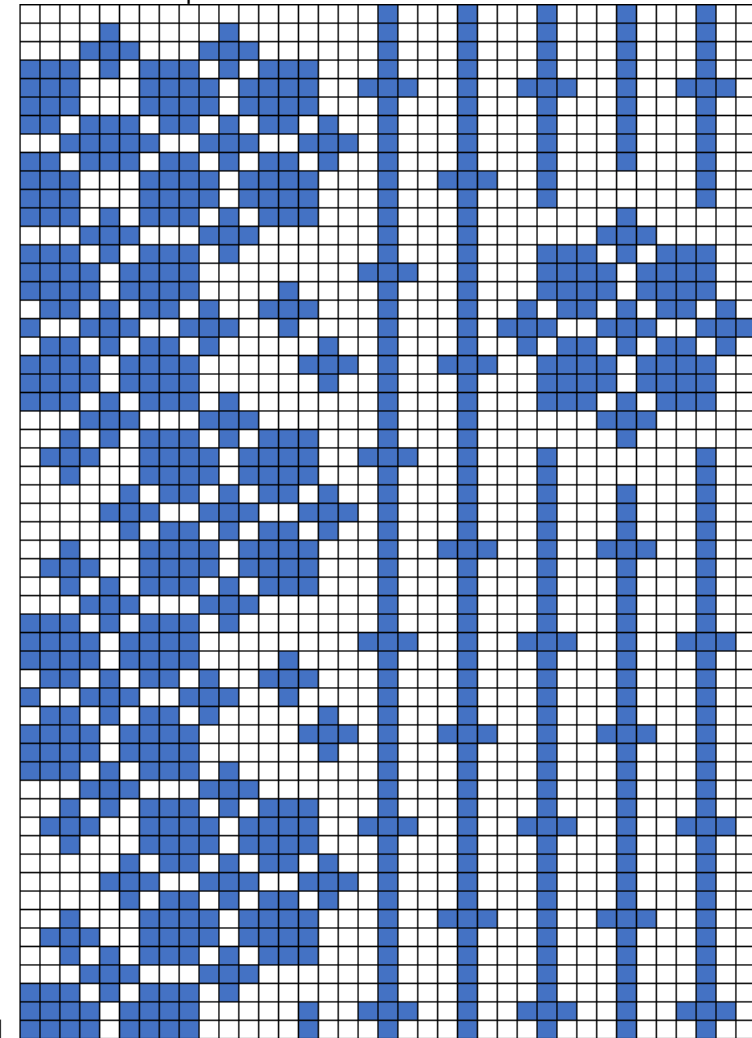
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Chart 2b – 74 sts – Left sock

Needle 1 – Sole of foot



Needle 2 – Top of foot

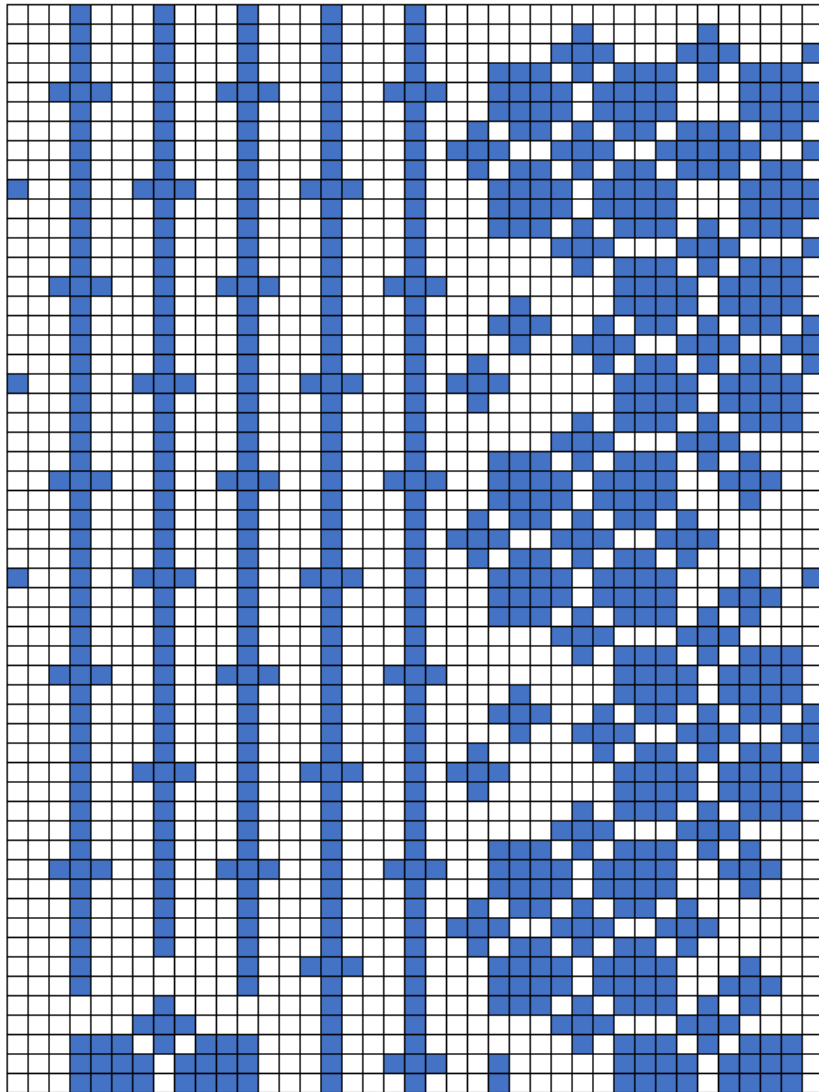


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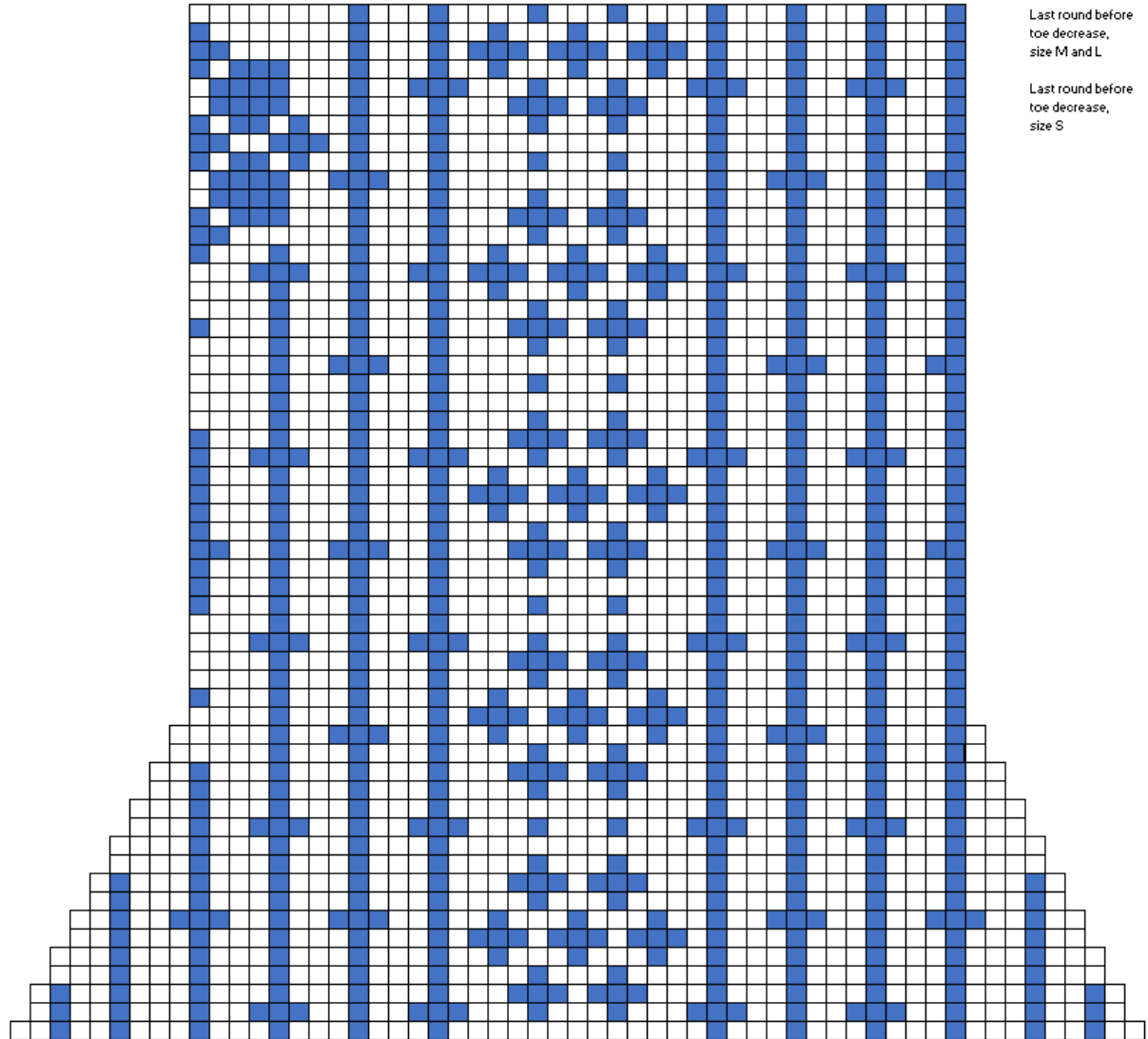
↑ start

Chart 5a – 78 sts – Right sock

Needle 2 – Top of foot



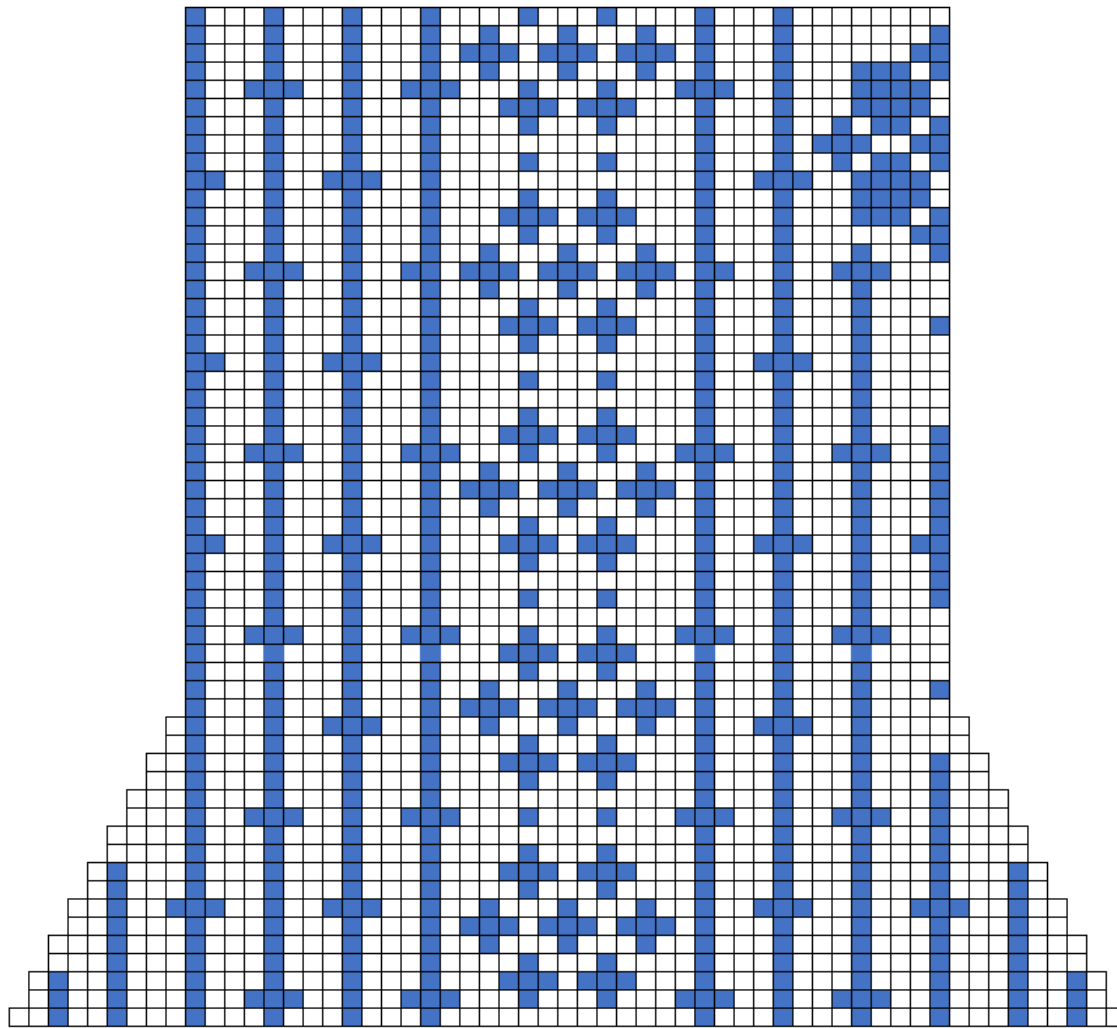
Needle 1 – Sole of foot



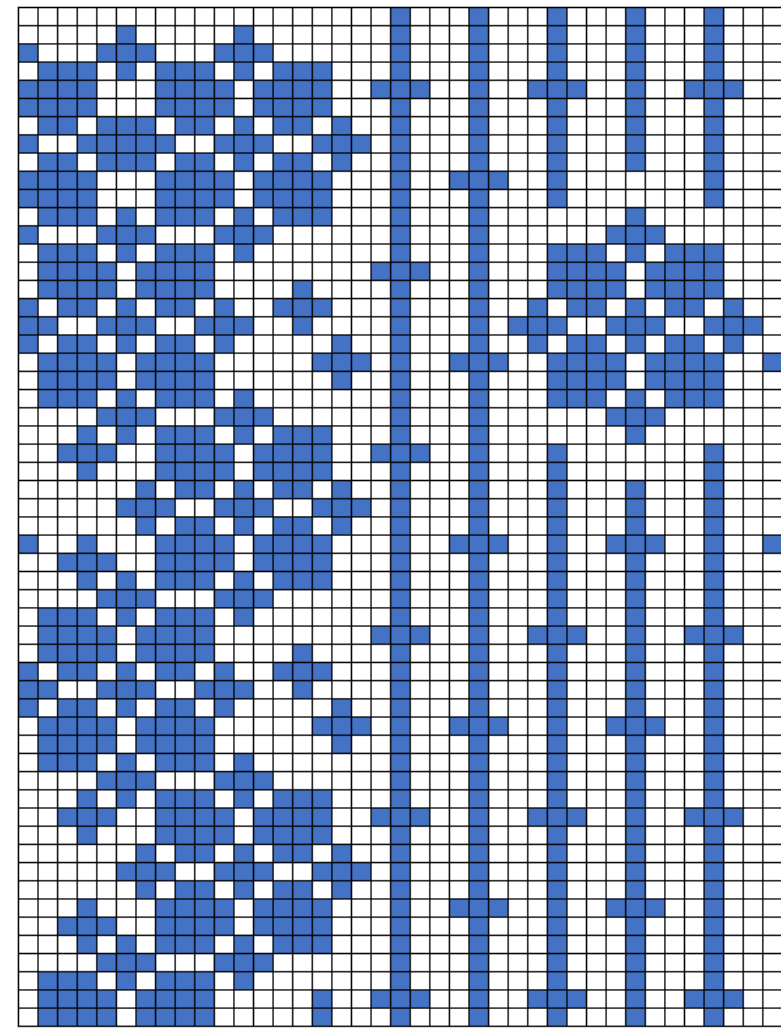
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Chart 5b – 78 sts – Left sock

Needle 1 – Sole of foot



Needle 2 – Top of foot



- 107 ← Last round before toe decrease, size M and L
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- 103 ← Last round before toe decrease, size S
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↑ start