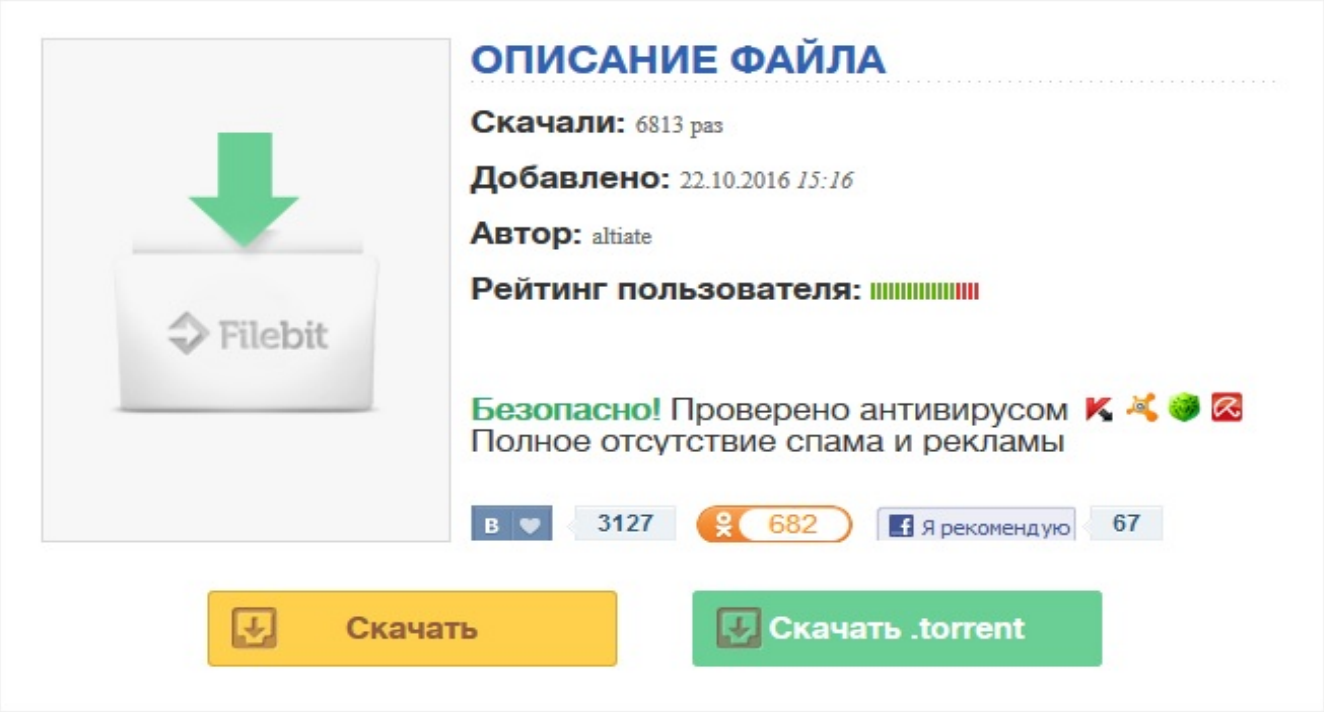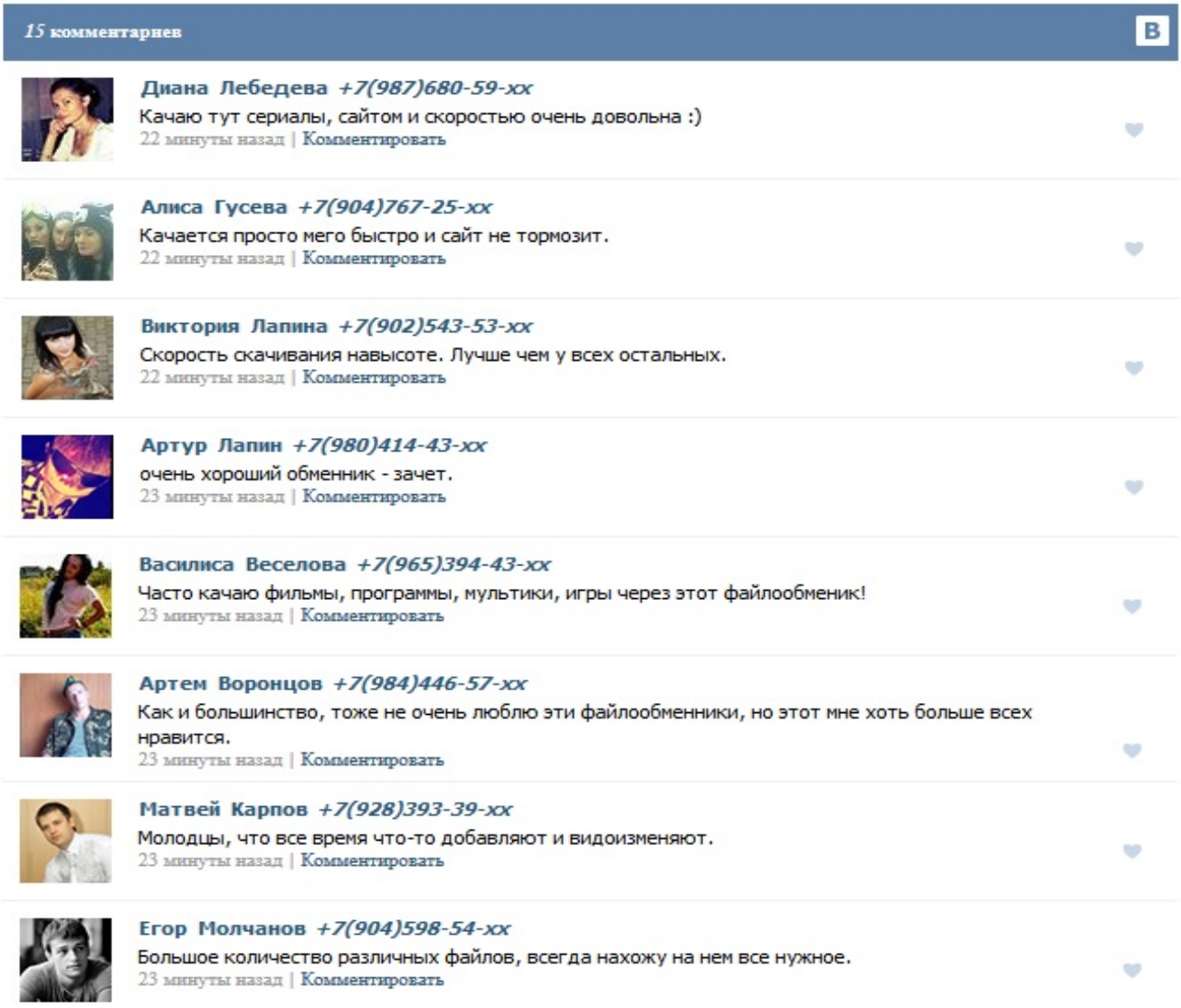бланкятка для родителей