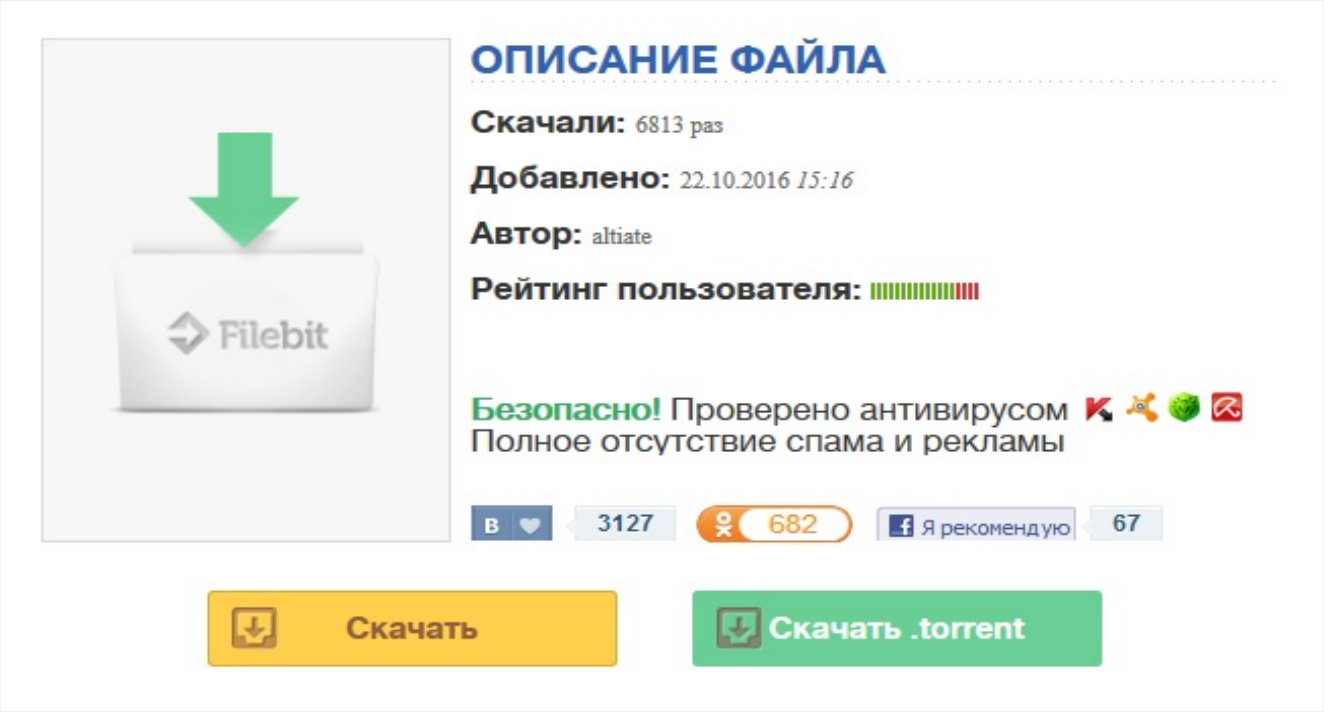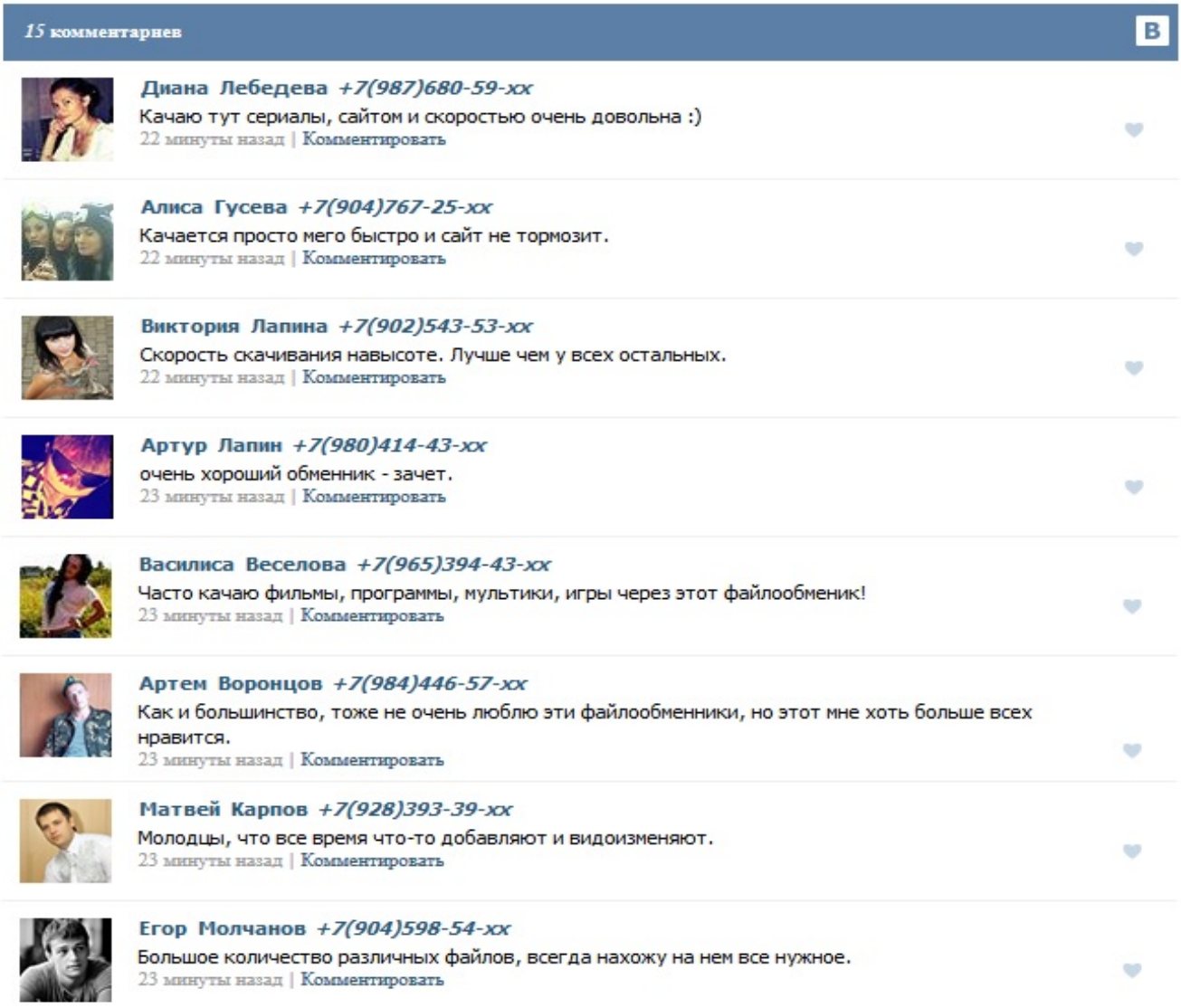направление на мрт и бланк