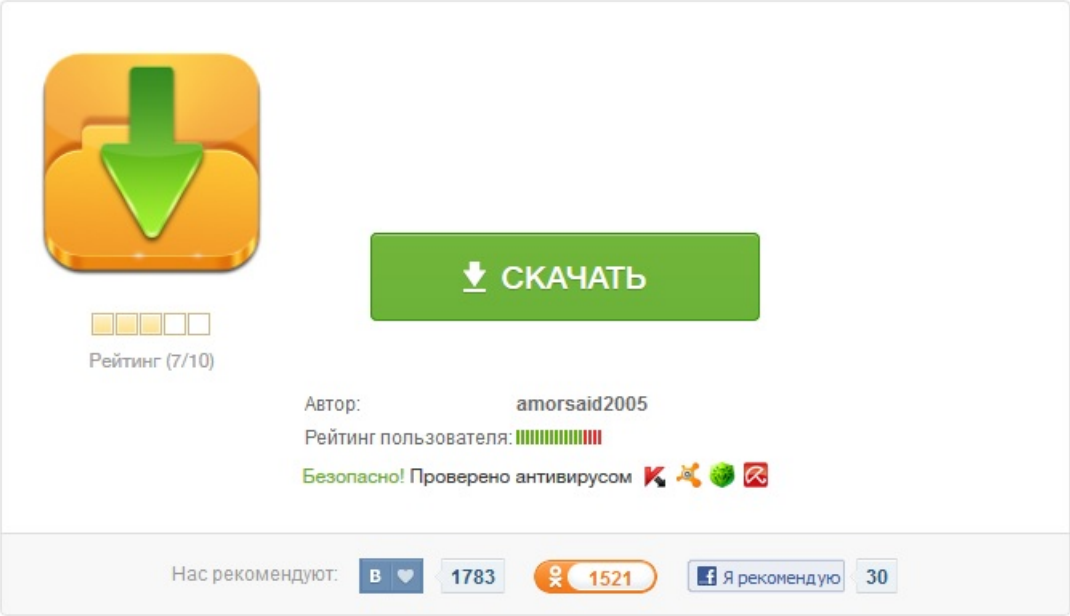пмпк бланк заявления