



Introduction to the kit

Thank you for selecting this Bothy Threads kit. To get the best from your project, please take a few minutes to read through your instructions and familiarise yourself with the threads and symbols. There are also videos showing the techniques on our web site www.bothythreads.com. Are you sitting comfortably with a good light...

Material and needles

The design is worked on 14 HPI ice blue Zweigart Aida. The size of the design is printed on the front of the kit and your piece of Aida should measure at least five centimetres bigger than this all round. The kit contains Madeira stranded cottons. There are two needles in the kit and a bag containing beads and sequins. Use the larger silver needle for the cross stitch and the finer gold needle to work the back stitch and attach the embellishments.

Threads

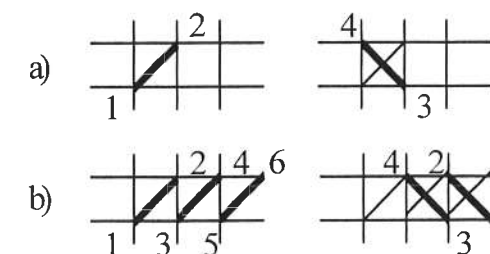
Colour	Symbol for cross stitch using one strand folded double
White	W
Yellow	Y
Orange	○
Salmon	↘
Pink	☐
Lilac	◆
Red	□
Light Terracotta	└
Terracotta	⊠
Haze	#
Turquoise	×
Light Green	→

Colour	Symbol for cross stitch using one strand folded double
Bright Green	+
Light Xmas Green	Z
Xmas Green	▲
Parchment	┐
Light Pinky Brown	∩
Chestnut	⊙
Light Brown	■
Brown	•
Light Grey	<
Mid Grey	-
Dark Grey	⊥
Black	□

Explanation of the Stitches

Cross Stitch

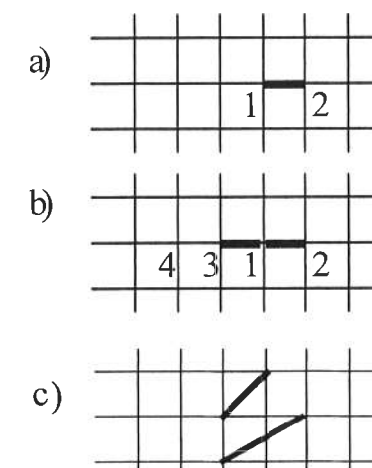
Cross stitch is used to fill the squares marked with symbols on the stitch diagram. One square on the stitch diagram represents one stitch. Only full stitches are used.



Cross stitch can be worked in two ways: a) stitch by stitch, or b) row by row. For large areas of a single colour it is preferable to use b). In either case always make sure that the first diagonal faces the same direction.

Back Stitch

Back stitch is used to outline and add details. It is shown on the stitch diagram by solid lines. Always work the back stitch after completing the cross stitch in the area.

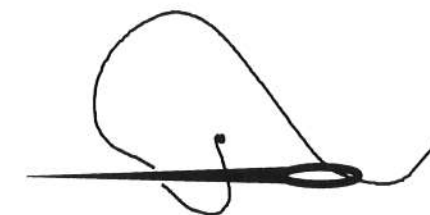


Bring the needle up at 1 and down at 2. For the second stitch bring the needle up at 3 and take it down at 1. The next stitch will come up at 4 and go down at 3.

Back stitch is also worked diagonally across one or more Aida blocks.

French Knots

French Knots are shown by circles, with a small symbol inside, to indicate the colour of thread to be used. Bring the thread through to the front where shown on the stitch diagram. Wind the thread once or twice around the needle, and insert the needle point back down the hole that you came up through. Keep tension on the thread while you pull the rest of the needle and the thread gently through to the back. If you find the knot pulls through, catch one thread from the edge of the Aida block or underlying cross stitch as you go through to secure it!



Working the design

There are two stitch diagrams titled 'Background' and 'Complete'. The background one shows only the cross stitch. Use this one to start with. Start work near the centre of the design, which is shown by arrows at the edge, and dashed lines across the diagram. You might like to use a highlighter pen to mark the stitches off as you work.

It is preferable to work using an embroidery frame or hoop. If you do use a hoop, be careful to bind it first, so as not to mark the fabric. It is a good idea to release tension on the material when you are