

## CAVALETTI HAT + COWL SPORT WEIGHT

BY: LAURA JONES | CROOKED KITCHEN YARN



A versatile unisex hat and cowl pair, this pattern is great for showing off lovely hand-dyed yarn. The little short row “blips” remind me of a horse stepping high over cavaletti poles and are fun to knit once you get going. The set is knit entirely in garter stitch and it’s written so you do not have to purl any rounds, using a way I developed with an overlapping stitch. Feel free to use your preferred method or to purl every other round if you like that sort of thing.

The pattern as written is for the 2-colour contrasting striped set as pictured (both are size L) in sport weight yarn; however, my prototype for this hat was done with the same number of stitches as the large size using leftover fingering weight yarn on 2.5mm / US 1 1/2 needles and it would fit a small adult/large child (it’s the multi-coloured hat in the pictures).

Have some fun, play around, bust your stash - use 2 colours or one main colour and minis or leftovers. Fade, pixelate, go for high contrast or a more blended look. Try a single colourway with a repeating colour band, working the short row blips on that one colour only as it comes up. Use fingering plus kidsilk lace for one of your colours for a very warm, fuzzy set. Add a pom pom or tassel or leave the hat clean at the crown. I can't wait to see what you decide!

**Needles:** Hat: 2.75mm / US 2 16” fixed circulars and DPNs for crown decrease [or preferred length for magic loop]  
Cowl: 3.0mm / US 2 1/2 16” fixed circulars [or preferred length for magic loop]

**Yarn:** Approximately 600yds / 550m total, 300yds / 275m each sport weight yarn for MC and CC [Sample shown is Crooked Kitchen Yarn Mericash Lux Sport in “Medallion” MC and “Maple Buds” CC 305yds / 95g ea] **Note:** Large size hat finished weighs about 65g and the large size cowl weighs about 110g. If you have more yarn you can make the cowl much larger.

**Gauge:** Hat is about 7 sts per inch on smaller needles [rounds are difficult to count because of the short-row blips, and not critical]. Gauge for the cowl is very slightly looser at about 6.5 sts per inch.

**Sizing:** **Hat:** Medium hat measures approx 16.25” / 41cm diameter and 8.5” / 21.5cm tall.  
Large hat measures approx 17.25” / 44cm diameter and 9” / 23cm tall.

**Cowl:** Medium cowl measures approx 18.5” / 47 cm diameter.  
Large cowl measures approx 21” / 53.5cm diameter and 11.5” / 29cm tall (using all the yarn for large hat and cowl).

**Notions & Other:** 1 Stitch marker (or more if you prefer), darning/tapestry needle

**Abbreviations:** st/sts - stitch, stitches

K - knit

K2TOG - knit 2 stitches together

WYIF - with yarn in front of work

TBL - through the back of the loop (the back leg of the stitch)

SM - slip the stitch marker to the right needle

PM - place stitch marker

### General Comments:

- The garter is very forgiving and though the decreases are not perfectly evenly spaced in the larger-sized hat, you won’t notice. You can modify the stitch count quite easily for larger or smaller sizes, but you do want *at least* a few inches of negative ease in the hat so it won’t slide off, as there is no ribbing. If you’re concerned about gauge go with smaller size as it is preferable to have the hat a bit tight rather than too loose.
- The crown decreases add *about* 2.5” / 6.5cm height overall.
- The method I’ve developed for turning your work so that you don’t have to purl any rounds results in a slight line/join pattern up the back but the stripes line up and it is barely noticeable when the garment is in use. Additionally, it’s not necessary to wrap the yarn in the short rows, just turn the work and knit the other way, but keep your stitches snug.
- Try playing around with short row blip placement if you like (make a different pattern or have them be less symmetrical)



- I twisted my MC and CC live yarns each round at the join to keep them neat, but given that you change colour every 2 rounds it isn't strictly *necessary* (see picture at right).
- The cowl is knit on larger needles for a slightly looser/more drapery fabric but may be knit at the same gauge as the hat if you prefer. Sizing will be slightly smaller.
- If you're following the original design you want the short row blips to stack up on alternate CC rows. Once you start decreasing, if you find you've strayed a bit from the pattern in terms of lining them up, don't worry! No need to tink, just use your judgement and place them where you need to so they line up fairly evenly. Trust me, you won't notice on your finished hat. It is fiddly working the short-row blips once you start the crown decreases so feel free to leave them out altogether if you wish as it won't make a large difference, *especially* if you're adding a pom pom.
- I have included very basic charts in case you'd like a visual representation of the pattern or to play with blip placement. Note that I don't count the CO round as a row.



OK, LET'S GET KNITTING!



## HAT

Size M [L] - With MC and smaller needles, cast on 110 [116] sts using your preferred method. Join to knit in the round, being careful not to twist your work, and place a stitch marker at the beginning of the round.

**In order to knit all rounds in garter** do the following throughout: **\*\*Knit to marker, SM, knit the stitch after the marker, turn your work, WYIF slip 1 stitch, SM, move yarn to back of work, twist working yarn with CC now or pick up CC as applicable\*\*** *Essentially, you repeat from \*\* to \*\* for the whole hat while alternating colours, doing the short-row blips and decreasing for the crown.* One repeat is one round and once you've completed a couple of rounds you'll have the hang of it!

Rounds 1-2: Knit in MC.

Rounds 3-4: Knit in CC.

Rounds 5-6: Knit in MC.

Round 7: Knit in CC.

Round 8 (in CC): K9 [K12], \*turn work, K4, turn work, K16\* repeat between \* and \* 7 more times, turn work, K4, K9 [K12].

Rounds 9-10: Knit in MC.

Rounds 11-12: Knit in CC.

Rounds 13-14: Knit in MC.

Round 15: Knit in CC.

Round 16 (in CC): K15 [K6], \*turn work, K4, turn work, K16\* repeat between \* and \* 6 [8] more times, turn work, K4, K15 [K6].

Repeat rows 1-16, 4 more times (total of 80 rounds or 40 garter bumps)

Size M: Repeat rows 1-4 once more (total of 84 rounds or 42 garter bumps), the hat should be about 6" / 15cm tall at this point

Size L: Repeat rows 1-12 once more (total of 92 rounds or 56 garter bumps), the hat should be about 6.5" / 16.5cm tall at this point

### Decrease Rounds:

Dec1 (in MC): \*K9, K2TOG\* 10 times [K4, K2TOG] (100 sts size M, 105 sts size L)

Round A: Knit in MC

Round B: Knit in CC



Round C (in CC) Size M: K5, \*turn work, K4, turn work, K15\* repeat between \* and \* 7 more times, turn work, K4, K11.  
 Size L: K6, turn work, K4, turn work, K14, turn work, K4, turn work, K15, turn work, K4, turn work, K16, turn work, K4, turn work, K15, turn work, K4, turn work, K15, turn work, K4, turn work, K14, turn work, K4, turn work, K15, turn work, K4, turn work, K15, turn work, K4, turn work, K14, turn work, K4, turn work, K6.

Dec2 (in MC): \*K8, K2TOG\* 10 times [K3, K2TOG] (90 sts size M, 94 sts size L)

Round D: Knit in MC

Round E: Knit in CC

Round F: Knit in CC

Dec3 (in MC): \*K7, K2TOG\* 10 times [K2, K2TOG] (80 sts size M, 83 sts size L)

Round G: Knit in MC

Round H: Knit in CC

Round I (in CC) Size M: K9, \*turn work, K3, turn work, K11\* repeat between \* and \* 7 more times, turn work, K3, K10.  
 Size L: K8, turn work, K3, turn work, K11, turn work, K3, turn work, K12, turn work, K3, turn work, K13, turn work, K3, turn work, K11, turn work, K3, turn work, K12, turn work, K3, turn work, K12, turn work, K3, turn work, K11, turn work, K3, turn work, K7.

Dec4 (in MC): \*K6, K2TOG\* 10 times [K3] (70 sts size M, 73 sts size L)

Round J: Knit in MC

Round K: Knit in CC

Round L: Knit in CC

Dec5 (in MC): \*K5, K2TOG\* 10 times [K3] (60 sts size M, 63 sts size L)

Round M: Knit in MC

Round N: Knit in CC

Round O (in CC) Size M: K10, \*turn work, K3, turn work, K10\* repeat between \* and \* 6 more times, turn work, K3, K4.  
 Size L: K9, turn work, K3, turn work, K10, turn work, K3, turn work, K10, turn work, K3, turn work, K10, turn work, K3, turn work, K10, turn work, K3, turn work, K10, turn work, K3, turn work, K10, turn work, K3, turn work, K10, turn work, K3, turn work, K8.

Dec6 (in MC): \*K4, K2TOG\* 10 times [K1, K2TOG] (50 sts size M, 52 sts size L)

Round P: Knit in MC

Round Q: Knit in CC

Round R: Knit in CC

Dec7 (in MC): \*K3, K2TOG\* 10 times [K2] (40 sts size M, 42 sts size L)

Round S: Knit in MC

Round T: Knit in CC

Round U: Knit in CC

Dec8 (in MC): \*K2, K2TOG\* 10 times [K2] (30 sts size M, 32 sts size L)

Round V: Knit in MC

Round W: Knit in CC

Round X: Knit in CC

Dec9 (in MC): \*K1, K2TOG\* 10 times [K2TOG] (20 sts size M, 21 sts size L)

Round Y: Knit in MC

Round Z: Knit in CC

Round ZZ: Knit in CC

Dec10 (in MC): \*K2TOG\* 10 times [K1] (10 sts size M, 11 sts size L)

Dec11 (in MC) Size M: K3, K2TOG, K2, K2TOG, K1 (8 sts size M)  
 Size L: K2, K2TOG, \*K1, K2TOG\* 2 times, K1 (8 sts size M)

Thread a length of yarn through remaining 8 stitches a couple of times and pull tight to close the top. Weave in ends, block if you wish, wear and enjoy!





## COWL

Size M [L] - With MC and larger needles, cast on 116 [132] sts using your preferred method. Join to knit in the round, being careful not to twist your work and place a stitch marker at the beginning of the round.

**In order to knit all rounds in garter** do the following: **\*\*Knit to marker, SM, knit the stitch after the marker, turn your work, WYIF slip 1 stitch, SM, move yarn to back of work [twist working yarn with CC now or pick up CC as applicable]\*\***  
*Essentially, you repeat from \*\* to \*\* for the whole cowl while alternating colours and doing the short-row blips.* One repeat is one round and once you've completed a couple of rounds you'll have the hang of it!

Rounds 1-2: Knit in MC.

Rounds 3-4: Knit in CC.

Rounds 5-6: Knit in MC.

Round 7: Knit in CC.

Round 8 (in CC): K12 [K14], \*turn work, K4, turn work, K16\* repeat between \* and \* 7 [8] more times, turn work, K4, turn work, K12 [K14].

Rounds 9-10: Knit in MC.

Rounds 11-12: Knit in CC.

Rounds 13-14: Knit in MC.

Round 15: Knit in CC.

Round 16 (in CC): K6 [K8], \*turn work, K4, turn work, K16\* repeat between \* and \* 8 [9] more times, turn work, K4, turn work, K6 [K8].

Repeat above rounds until you reach desired length or have just enough yarn left to cast off, stopping wherever you wish but preferably at the end of an even-numbered round...

Cast off using your favourite method or as follows: K1 TBL, \*K2TOG TBL, slip stitch back onto left needle\*, repeat \* to \* to the end..

Weave in ends, block if you wish, wear and enjoy!



*PS: I have an idea for matching mittens. I am not a mitt pro but stay tuned - if I can figure them out I'll publish the pattern...*

FEEL FREE TO USE THIS PATTERN FOR PERSONAL USE, CHARITY, OR TO SELL YOUR KNITS; AND PLEASE SHARE IT, BUT KINDLY REFERENCE YOUR SOURCE.