

SELECTING YOUR SIZE

BODY MEASUREMENTS - IMPERIAL & METRIC									
	XXS	XS	S	M	L	XL	2XL	3XL	4XL
BUST									
inches	29	29-31	31-33	33-36	36-39	39-43	43-48	48-53	53-58
centimeters	73-76	76-78	78-84	84-91	91-99	99-109	109-122	122-135	135-147
WAIST									
inches	23	23-25	25-27	27-30	30-33	33-37	37-41½	44-46½	46½-51½
centimeters	58	58-64	64-69	69-76	76-84	84-94	94-105	105-118	118-131
HIP									
inches	33	33-35	36-37	34-40	40-43	43-47	47-51½	51½-56½	56½-61½
centimeters	84	84-89	89-94	94-102	102-109	109-119	119-131	131-144	144-156

Body Measurements

Start by taking your body measurements. Measure the circumference of your bust, waist and hips by pulling the measuring tape snug but not too tight. Measure directly over bare skin or typical-for-you undergarments. It should fit tightly around your skin but not so tight that it digs in. Try to keep the tape parallel with the floor, and make sure it is not twisted. Compare your measurements to the “body” measurements in the chart above to see what size is recommended for you.

If your measurements fall between sizes or place you in multiple sizes, I recommend choosing the larger size. Altering down is easier than sizing up. For the Clyde Jumpsuit pattern, the bust and hip measurement is the most important factor, as the bust and hip size needs to fit comfortably over your body. Use the “garment” measurements on the next page to further aid in your size selection.

Garment Measurements

The garment measurements refer to the finished dimensions of the garment and will of course differ from your body measurements. All garments have ease, and for a comfortable fit in woven materials, most of our patterns have several inches of positive ease (meaning the finished garment measurements will be several inches larger than the corresponding body measurement). Every body is different, and no single style or pattern will fit everyone correctly right off the bat. The best way to ensure a good fit is to make a toile or muslin of the pattern to finalize your size selection and make any fit adjustments. See the diagram [page 10](#) for more details on how garment measurements are taken.

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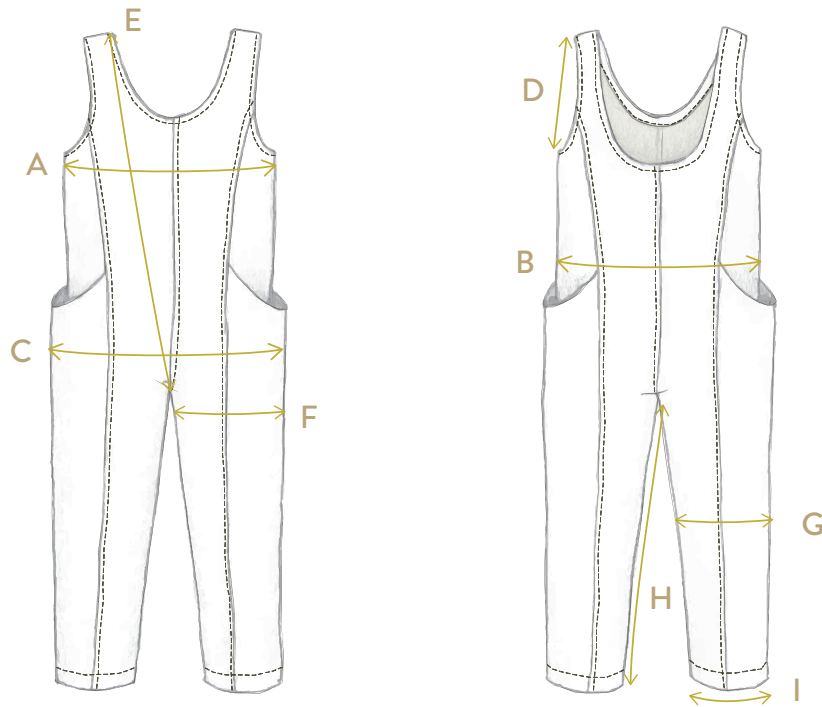
GARMENT MEASUREMENTS - IMPERIAL (in)									
	XXS	XS	S	M	L	XL	2XL	3XL	4XL
CHEST	35	36½	38	40¼	43¼	45¼	48¼	53¼	57¼
WAIST	37	38½	40	41¾	45½	48½	52	57	62¼
HIP	37¼	40	42¼	45	48	52	56¼	62	68
ARMHOLE	8¾	8¾	9¼	9¼	10¾	9¾	9¼	10¼	10¾
HPS TO CROTCH									
short	28¾	23¼	29¾	29½	30	30½	30¾	30¾	31
regular	29¼	29¾	30	30½	30¾	31¾	31¼	31¾	32
tall	29¼	30	30½	30¾	31¼	33¼	33¾	33¾	33¾
THIGH	23½	24¼	25½	27¼	29	30½	32¼	35¼	38¾
KNEE	15½	16½	17½	18¾	20	20¾	22	24	26
INSEAM									
short	21¾	21½	21¼	21¾	22	19¾	20¾	20¾	20¾
regular	23	23¾	23¼	23½	23¾	21¾	22¾	22¾	22¾
tall	125¼	25½	25¾	25¾	26	24¾	25¼	25¼	25¼
LEG OPENING	12½	13¼	14	15	15¼	14	14¼	15¼	16¼

GARMENT MEASUREMENTS - METRIC (cm)									
	XXS	XS	S	M	L	XL	2XL	3XL	4XL
CHEST	89	93	97	102	110	116	124	135	147
WAIST	94	98	102	106	116	123	132	145	158
HIP	96	102	107	114	122	132	143	157	173
ARMHOLE	21	23	23	25	26	23	25	26	28
HPS TO CROTCH									
short	72	60	74	75	76	77	78	78	79
regular	74	75	76	77	78	80	81	81	81
tall	76	76	77	78	79	84	85	85	86
THIGH	60	62	65	69	74	77	83	91	98
KNEE	39	42	44	48	51	53	56	61	66
INSEAM									
short	54	55	55	56	56	50	52	52	52
regular	58	59	59	60	60	56	57	57	57
tall	64	65	65	65	66	63	64	64	64
LEG OPENING	32	34	36	38	39	36	36	40	43

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Garment Measurements, ctd.

The diagram below illustrates where all garment measurements for the Clyde Jumpsuit are taken on a finished garment.



A *Chest*

Measured in the round, 1" (2.5 cm) below the bottom of the armhole

B *Waist*

Measured in the round, at the waist level

C *Hip*

Measured in the round, at the hip level

D *Armhole*

Measured flat from the top of the armhole straight down to the bottom of the armhole

E *HPS to Crotch*

Measured from the High Point Shoulder (HPS) down to the intersection of the inseams at the crotch seam

F *Thigh*

Measured in the round, at the thigh level

G *Knee*

Measured in the round, at the knee level

H *Inseam*

Measured from the crotch seam along the inseam to the bottom of the pant leg

I *Leg Opening*

Measured in the round at the very bottom of the pant leg